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ENCOMIUMS AS REMARKABLE FATHER'S AWARD HOLDS IN STYLE

By Stanley Ugagbe

It was a glamorous evening on Sunday 20th August 2023 at the Banquet and Convention Centre, in Ontario, Canada as the first edition of the Remarkable Father's Award was held amidst the cheering applause of guests.

The Remarkable Father's Appreciation Dinner event, *continued on p(16)*



Ngodzi Ugoh

HOW GOD APPEARED TO ME, CALLED ME INTO MINISTRY - PASTOR AMOS DADA

By Stanley Ugagbe

In this riveting and edifying interview with **Stanley Ugagbe** of *The Nigerian Canadian Newspaper*, *The Zonal Superintendent of Christ Apostolic Church Canada Zone* and the Convener of *International Gathering of Eagles Conferences* worldwide, *Pastor Amos Dada* shared insight on how he was called into ministry.

He walked us through his journey so far as a Preacher, Teacher, Pastor, and Evangelist who has ministered in over 80 nations. He also re-



Pastor Amos Dada

vealed how God led him to commence the *International Gathering of Eagles Conference* and how the program

has put Canada on the spiritual map of the world.

continued on p(16)

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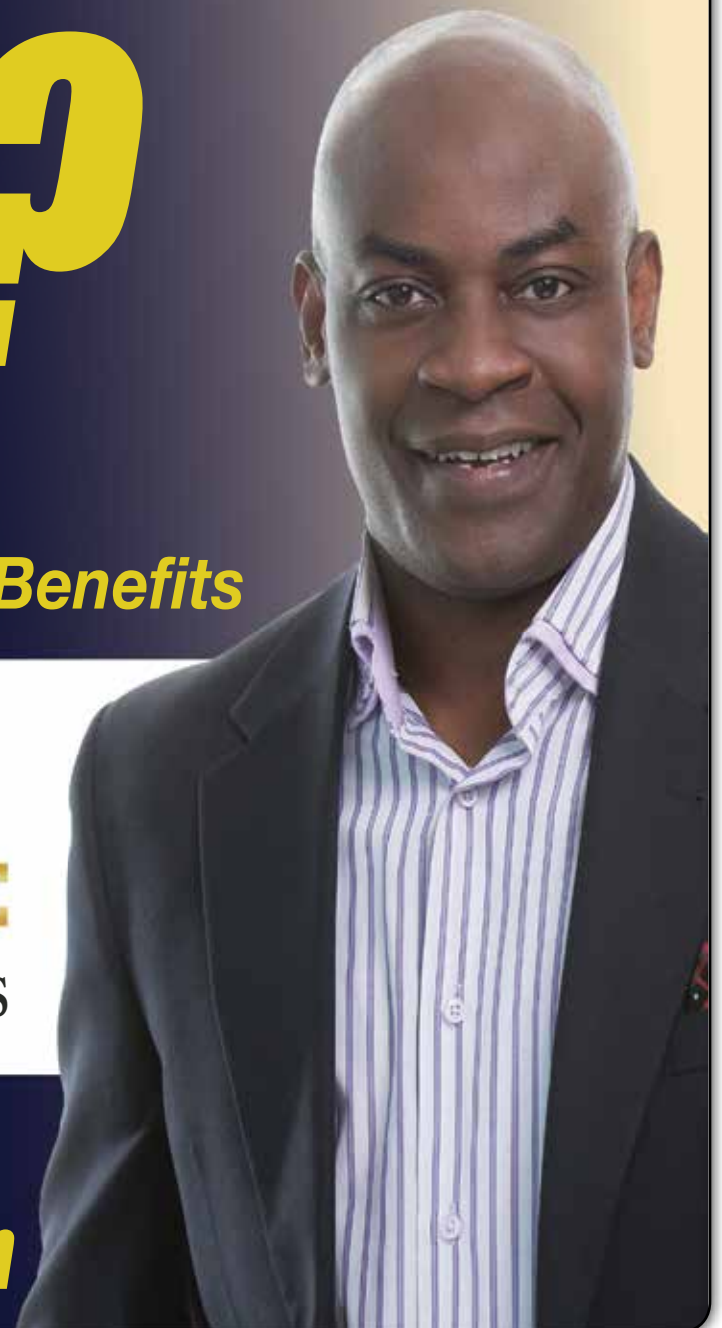


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Holding Landowners Accountable to Commitments to Build Homes

“The growing mismatch between housing supply and demand in communities across Ontario has made it more difficult for employers to fill labour gaps, particularly as the global competition for talent heats up,” said Rocco Rossi, President and CEO, Ontario Chamber of Commerce (OCC). “To ensure the long-term resilience of our economy, we encourage governments to balance consultation with bold action, such as ending exclusionary zoning and working in partnership with public and private sector partners to address labour shortages,” he added.

Recall that in July, the Ontario Cham-

ber of Commerce in a report said “Housing has reached a crisis point in Ontario,” adding that “Previously considered an urban issue, housing affordability is now impacting communities of all sizes across the province.”

It is no longer news that Housing affordability has become a pressing issue impacting communities of all sizes across Ontario. We have repeatedly reported how high housing costs are limiting the buying power of households, impacting businesses’ ability to attract and retain talent, and exacerbating homelessness rates throughout the province.

Though the Gov-

ernment of Ontario has committed to building 1.5 million new homes by 2031 to help mitigate this crisis, we strongly believe that achieving this feat will require strategic action and significant collaboration across sectors and all levels of government. It is highly critical to build the right types and mix of housing, including purpose-built rentals, missing middle, student, non-profit, cooperative and supportive housing.

In is on this note that we strongly recommend that the government is firm on holding landowners accountable to commitments to build homes. The move by the province to return 765 and 775 Kingston Road East in Ajax to the Greenbelt, following the property owner’s decision to list these lands for sale in recent weeks, including listing some of the lands to be used for a business park rather than homes, is swift and timely. There is a need by all parties involved to be committed to the goal and resolutions earlier reached.

In a release, the government clarified that “At no time was the intention to sell or change the ownership structure disclosed to the government’s Office of the Provincial Land and Development Facilitator despite active and ongoing discussions”. So, this lack of transparency raises serious concerns about the owner’s ability to meet the government’s expectation that homes be built in a timely manner, including the need

to show meaningful progress before the end of year.

Maintaining its stand, the government averred that its intention in amending the Greenbelt boundaries has always been to increase the supply and affordability of homes by building at least 50,000 homes quickly, while also expanding the overall size of the Greenbelt. “Any attempt to sell these lands or otherwise profit from this decision without building the homes Ontario residents rightly expect runs contrary to the government’s intentions and will not be tolerated.”

In a bid drive home the goal, the province noted that “To ensure that construction on the remaining lands proceeds without unnecessary delays, the government will inform the remaining proponents that they are required to notify the Office of the Provincial Land and Development Facilitator of any potential transactions or actions regarding these lands. Any actions that stand in the way of building homes quickly on these lands will not be tolerated”.

It further stated that “The facilitator continues to work closely with proponents at these sites to ensure the government’s criteria regarding these lands are met. These criteria include making substantial planning progress by the end of 2023 with shovels in the ground no later than 2025 and that proponents cover the cost of community benefits, such

as housing-enabling infrastructure, parks and green spaces, as well as other amenities that will result in complete communities. If these expectations are not met, the lands will be returned to the Greenbelt”.

We urge the government to remain firm and resolute in the face of growing challenges so as to achieve the goal of building 1.5 million new homes by 2031 to help mitigate this crisis. While landowners have the right to their lands, there must be a synergy and resolutions with the government on any possible shift in line of actions so as to avoid unwarranted issues.

We task the government to continue to establish and deliver on inclusive workforce development and immigration strategies to increase the labour pool needed to build more housing; support the development and expansion of innovative technologies, data tools, retrofitting, building conversions, as well as mixed-use and climate-resilient green housing.

More so, there is a need to incentivize the development and preservation of affordable housing options along the continuum, including purpose-built rentals, missing middle, student, non-profit, cooperative, and supportive housing.

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TRAVEL

5 AFFORDABLE WAYS TO GET A GREENER HOME



(NC) Many of us would love to save on our home water and energy use. Whether your motivation is to cut your costs or help the planet – or both – here are a few things you can do that won't break the bank.

CUT BACK

Of the three r's of reduce, reuse and recycle, the first is the most powerful – and the cheapest – way to go green. It's the simple stuff you've heard of forever, but the steps can be effective. Put on a sweater instead of raising the heat as fall temperatures arrive. Cut back on long showers. Only do your laundry at off-peak hours. They may not be convenient but they're certainly cheap and effective.

INSTALL A RAIN BARREL

Rather than using fresh water to tend your garden, set up a rain barrel and take advantage of wet weather. Although you won't want to drink it, rainwater is perfect for your plants. You can create a makeshift rain container yourself or buy one at a local hardware store or online. Either way should have a tap to connect a hose or fill up a watering can. Being mindful of how often you water your garden and choosing native plants that require less water can also help you cut back on water usage outdoors.

GO LOW FLOW

Low-flow faucets and showerheads are a simple do-it-yourself swap from the hardware store. While newer homes may be fairly efficient, older systems can really guzzle water. Adding a small low-flow attachment or replacement head slows the rate

at which the water flows out of your pipes. Don't worry about losing water pressure with this fix – it works by mixing air into the water, which maintains or even improves the pressure you feel.

UPDATE YOUR THERMOSTAT

At a basic level, a programmable thermostat allows you to set your heating and cooling in advance so you can use less when you don't need it. You might cut down on air conditioning costs since you won't have to run the system while you're out all day to still arrive home to a cooled space. Lower-end models will cost about \$50 to \$100. More advanced, "smart" models with more bells and whistles can run you roughly \$100 to \$400.

MAKE USE OF GOVERNMENT PAYMENTS

Benefits and credits might add a little extra cash to your wallet that you can put towards energy-efficient updates. You may be eligible for the Climate Action Incentive payment if you live in a province with federal pollution pricing: Alberta, Saskatchewan, Manitoba, Ontario, Newfoundland and Labrador, Nova Scotia and Prince Edward Island. And in October 2023, eligible residents of New Brunswick will receive their first payment. The exact amount of the quarterly payments varies by region – you'll get more if you live outside a major urban centre. You don't need to apply; you just need to file your taxes every year.

Find more information about how this benefit works at canada.ca/cai-payment.

FINALLY, HEALTH CANADA APPROVES 1ST RSV VACCINE FOR OLDER ADULTS

By Stanley Ugagbe

The department of the Government of Canada responsible for national health policy, Health Canada has approved the first vaccine for respiratory syncytial virus (RSV) for adults aged 60 and over.

Recall that prior to this historic development, doctors have been calling for an RSV vaccine for seniors because although the virus is common, older people are much more likely to become severely ill and require hospitalization.

Records have it that RSV season in Canada usually starts in the late fall and lasts until spring.

In a press statement, manufacturer GSK said a randomized clinical trial showed the vaccine, called Arexvy, was 82 per cent effective at preventing lower respiratory tract disease caused by RSV compared to seniors who got a placebo.

According to the company, the vaccine is 94 per cent effective at preventing the illness in seniors with underlying medical conditions.

Health Canada confirmed the vaccine's approval in an email to newsmen.

According to the Public Health Agency of Canada's website, for most people, including children, RSV usually causes a mild infection that goes away within

a couple of weeks.

Experts noted that in addition to seniors, infants are at a higher risk of getting very sick with RSV.

According to official records, there is no RSV vaccine for children, but there are two kinds of antibody injections that can be given to high-risk babies to help prevent serious illness.

One of them, palivizumab, has often been given to babies who were born prematurely – but it needs to be injected about once a month during RSV season to stay effective.

It could be recalled that a new antibody drug – nirsevimab, also known by the brand name Beyfortus – was approved by

Health Canada in April. Nirsevimab only requires one injection to protect babies during the RSV season. It's not yet known how widely it will be recommended for babies in Canada this fall.

Recently, the Centers for Disease Control and Prevention (CDC) in the U.S. recommended that babies born just before or during the RSV season, as well as babies who are less than eight months old before the season starts, should get the nirsevimab shot.

The health agency also recommended that the shot should be given to some eight to 19-month-old babies who are at higher risk of getting seriously ill from the virus.

PRACTICAL STEPS YOU CAN TAKE TO CONTROL INDOOR HUMIDITY



(NC) A common problem for homeowners during summer months is humidity. High in door humidity not only makes you feel uncomfortable – it can also have negative effects on your health and your home.

Ideal indoor humidity levels are generally considered to be between 30 and 45 per cent. This can be a challenge to achieve during summer months, as warmer air retains more moisture.

The good news is that you can manage humidity levels effectively in a variety of ways. Homeowner maintenance is the key. There's an extra level of importance if you own a newly built home, as your warranty will not cover moisture-related issues, like damage to hardwood floors or mould, that result from improper maintenance.

Here are some things you can try to tackle excessive humidity in your home:

- Invest in a hygrometer, which will allow you to monitor humidity levels inside your home. Hygrom-

eters are inexpensive and can be found at most hardware stores.

- Be mindful of the number or type of plants in your home as they can mean higher humidity levels inside.

- Use your home's ventilation system. Turn on exhaust fans when cooking, showering or doing laundry. It's also a good idea to leave them running for a short time after you're done to ensure enough moisture is removed from the air.

- Keep areas throughout your home as tidy as possible. Storage spaces and general clutter can interfere with air circulation,

trap humidity and lead to mould growth.

- Use a dehumidifier. They are available as standalone units or can be integrated into your home's heating, ventilation and air conditioning (HVAC) system. A dehumidifier will help to remove excess moisture from the air.

- Plan your landscaping in a way that does not alter the grading around your foundation. Flowerbeds close to your foundation can cause rainwater to pool close to the structure instead of being diverted away from it.

Find more helpful home maintenance tips at tarton.com.

HOW SAFE ARE YOUR COSMETICS?



(NC) Although all cosmetics sold in Canada must meet safety and clean manufacturing requirements, keeping them safe after you buy them means following some important steps.

To prevent the growth of germs in your cosmetics, Health Canada recommends that you:

- Wash your hands

with soap and warm water for at least 20 seconds before putting on your makeup.

- Do not share your makeup or use anyone else's.

- Do not add water or saliva to your makeup to dilute it.

- Store your cosmetics in a dry place, away from direct heat and sunlight.

- Stop using makeup if it changes in smell, colour or feel.

- Check the label of your makeup for safety information. Always read and follow directions carefully – misuse of a product

can lead to problems like rashes, burns or eye damage.

- Do not spray cosmetics near a flame or source of heat, which can cause fires or explosions.

- Keep cosmetics out of the reach of children.

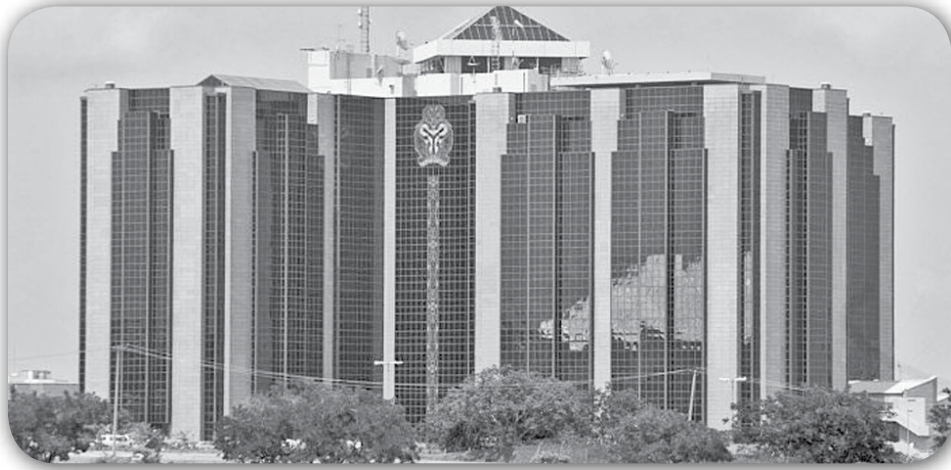
- If a child swallows a cosmetic, contact the nearest poison control centre.

Find more information at canada.ca/en/health-canada/services/cosmetics.

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We spent N96.5bn to print, distribute naira notes in 2022 – CBN



By Stanley Ugagbe

In a shocking development that has gotten tongues wagging across the nation, the Central Bank of Nigeria (CBN) has disclosed that it spent N96.46bn to print, distribute naira notes in 2022.

This development is contained in the apex bank's recently released audited financial statement for the year ended December 31, 2022.

In the report, the CBN said: "Currency issue expenses relates to expenses incurred in relation to the printing, processing, distribution, and disposal of currency notes. This is recognised at cost when in-

curred."

According to data gathered by newsmen, the N96.46 billion recorded for currency issue expenses in 2022 is 32.9 percent higher from the N72.58 billion the apex bank spent in 2021.

It could be recalled that in October 2022, Godwin Emefiele, the embattled and suspended CBN governor, announced plans to redesign the N200, N500, and N1,000 naira bills.

In view of the development, people were initially given a deadline of January 31, 2023 to hand in all their old notes but it was later extended to February 10. However, not enough of the new notes were released.

Recall that the shortage of the new naira notes made it extremely hard for many Nigerians to engage in many forms of commercial transactions including transportation costs. At the time, the charges of point of sale (PoS) merchants also rose astronomically.

The untold hardship brought by the naira scarcity prompted citizens across the country to take to the streets to protest.

In a sigh of relief ruling in March 2023, the supreme court invalidated the naira redesign policy introduced by the central bank, ruling that the old N200, N500, and N1,000 notes would remain as legal tender until December 31, 2023.

Being a farmer does not mean I cannot perform as sports minister – Enoh

By Stanley Ugagbe

The new Minister of Sports Development, Senator John Enoh, has decried critics who questioned his ability to deliver, insisting he mustn't be a footballer to provide leadership for the sports sector.

Recall that there have been uproar among stakeholders in the sector over the appointment of the 57-year-old by President Bola Tinubu, saying Enoh, a farmer and politician, had no connection with sports.

Replying his critics, Enoh said "I do not think that you need to be an active participant, that you need to be either a footballer or this or that for you to be Minister of Sports Development, I do not think so".

"I think what is required is who can provide leadership, who can provide direction, who can be transparent, who can understand this sector, and

there is no how that anybody appointed here will not try to understand this sector."

In his words, being a footballer didn't directly translate to effective leadership in sports.

"If it's about playing football or taking part in sports, I was a footballer and my schoolmates that are still in touch with me have sent messages to remind me of my playing days, after my appointment.

"It's not about that really, I could be that footballer and can't provide leadership and I'm not sure that's what you're looking for."

The minister stated that he wasn't surprised that the media focused on his farming business.

"When some people drew my attention, they said I should respond to what was written in the media, 'that he is a farmer turned sports minister and all that. 'And I said, 'Well, in my profile, you're going



Senator John Enoh

to find that I'm a politician, I'm a teacher, I'm a farmer and I'm a philanthropist, so the media is free to just pick farming and blow it, isn't it?' But I also said, 'Are they not correct? How much do you know about me in terms of the sports sector?'

"So, they are correct to write what they write, but now that I'm sworn in, the media will then begin to know who I am, and my hope is that it will be for a good purpose, that together we can make a difference in this sector that excites Nigerians".

Trudeau, Wife Separate After 18 Years Of Marriage



By Stanley Ugagbe

In a shocking development that has formed a debacle across the nation, Prime Minister Justin Trudeau and his wife Sophie Grégoire Trudeau have announced that they are separating after 18 years marriage.

The couple, in statements posted to Instagram said "after many meaningful and difficult conversations, we have made the decision to separate."

"As always we remain a close family with deep love and respect for each other and for everything we have built and will continue to build," they wrote.

"For the well-being of our children, we ask that you respect our and their privacy."

Delineating on the development, the Prime Minister's Office said in a statement that the couple have signed a separation agreement "to ensure that all legal and ethical steps with regards to their decision to separate have been taken, and will continue to do so moving forward."

It is no news that Grégoire Trudeau has played a less visible role in recent years, rarely travelling with the prime minister on official trips. Prior to this announcement, they were seen together publicly at Canada Day events in Ottawa in July.

Recall that the 51-year-

old Trudeau and his wife Grégoire Trudeau, 48, got married May 28, 2005, at a ceremony in Montreal.

According to reports, they first met as children when she was a classmate of his youngest brother, Michel, and reconnected as adults when they co-hosted a charity gala in 2003.

They initially lived in Montreal, where their son Xavier, 15, and daughter Ella-Grace, 14, were born. They moved to Ottawa as a family in 2010, two years after he was elected MP for Papineau in Montreal.

Records have it that their nine-year-old son Hadrien was born in Ottawa.

Grégoire Trudeau was a Quebec entertainment TV personality but stepped away from that career after their move to the national capital.

Remarkably, the development makes Trudeau the second prime minister to announce a separation while in office.

Recall that his father, Pierre Trudeau, separated from wife Margaret in 1979 and the two divorced in 1984.

IKEA Canada To Open Scarborough Centre Store



By N.Ugoh

IKEA Canada, a subsidiary of the Ingka Group, is set to introduce an innovative retail concept in the form of a new store at Scarborough Town Centre. Opening its doors on August 23, 2023, this 7,489m² establishment will showcase over 2,500 thoughtfully curated products while embracing the cherished Swedish Deli culinary experience.

Designed to cater to the Scarborough community and beyond, the IKEA Scarborough Town Centre store will become a hub of affordable, sustainable, and space-efficient living solutions. This venture marks the second of its kind in Canada, following the successful debut of the IKEA Toronto Downtown-Aura store in 2022.

Building upon the principles established by its Toronto counterpart, the Scarborough store will

seamlessly integrate a classic one-way flow layout, boasting two entrances/exits and efficiently organized check-out lanes. Visitors will have the opportunity to indulge in the renowned Swedish Deli, relishing in iconic dishes like meatballs and frozen yoghurt.

Moreover, the store will provide an array of digital tools and a comprehensive suite of services designed for the utmost convenience. From assembly and returns to home delivery and an exclusive Planning Hub, the Scarbor-

ough Town Centre location will ensure a streamlined shopping experience. Larger furniture items can be conveniently ordered for home delivery or picked up from various accessible points across the city, including the designated IKEA Pick-up Point within the store itself.

IKEA Canada market area manager Niclas Karlsson-Järnkrok said: "At IKEA Canada, we are on an omnichannel transformation journey with a clear objective to continue to meet our customers in an accessible and seamless way.

"As a brand rooted in life at home, we hope our new store in the heart of Scarborough will serve as a convenient and accessible source of inspiration and home furnishing expertise."

In April this year, IKEA Canada announced plans to open a new 'Plan and Order' point in its Brossard store in Quebec

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Toronto Police declare 26-year-old Oluwatobi missing



Oluwatobi

By N.Ugoh

The Toronto Police Service is demanding the public's assistance in finding a missing Nigerian woman, Oluwatobi, in Canada.

In a recent tweet, Toronto Police revealed Oluwatobi, 26, was last seen on Monday, July 31, 2023, at around 9:30 p.m., in the King Street and Church Street Area.

The tweet read: "Oluwatobi is described as 5'6", 160 lbs., thin build, and has long black hair. Oluwatobi was last seen wearing a dark shirt, grey pants, white shoes, and carrying a beige purse.

"Police are concerned for her safety. Anyone with information is asked to contact police at 416-808-3100, Crime Stoppers anonymously at 416-222-TIPS (8477), or at www.222tips.com"

An Eritrean Festival in Toronto Turned Violent

By Yahaya Othman

An Eritrean festival scheduled at Earlscourt Park in Toronto was disrupted by protesters, leading to violent clashes involving a knife-wielding individual, as reported by the police.

The confrontation between Festival Eritrea attendees and protesters escalated, resulting in injuries. Following police intervention, the festival briefly resumed, only to face further disruptions with the arrival of more protesters armed with weapons. The conflict eventually spilled over from the park onto St. Clair Avenue West. The City of Toronto took the step of revoking the festival's permit, a decision made 12 hours after the skirmishes began.

Both the festival organizers and protesters are part of Toronto's Eritrean-Canadian community. Eritrea's government has faced extensive criticism from human rights groups, earning a reputation as one

of the world's most oppressive regimes. Eritrea gained independence from Ethiopia three decades ago, and President Isaias Afwerki has maintained power without holding elections. Millions have fled the country to avoid forced military conscription and dire conditions.

In early 2023, the United Nations Human Rights Office released a report describing the dire and unimproved human rights situation in Eritrea, citing credible accounts of torture, arbitrary detentions, enforced disappearances, and curtailed rights like peaceful protest. The country lacks elections, a parliament, independent media, and opposing political parties, as highlighted in the report.

Awet Weldemichael, an expert on the Horn of Africa from Queen's University, expressed the unimaginable conditions in Eritrea. The same ruling party and president have controlled the nation since its independence in 1998, maintaining

a state of war and enforcing lengthy conscriptions in the military.

Escaping Eritrea involves hazardous journeys, often spanning the Sahara Desert and the treacherous Mediterranean or Atlantic crossings before reaching Europe. Trauma from these experiences is hard to fathom.

Weldemichael noted the direct link between the Toronto festival and Eritrea's ruling party. He emphasized that while the event has a cultural history, it is intrinsically political, aligned with the government's ideology and goals.

In a Change.org petition, over 1,700 individuals urged Toronto's Sheraton hotel to cancel a segment of the Eritrea Festival due to its association with the government's totalitarian regime. The petition contended that the event contributes funds to support the regime's military.

Protesters, many of whom fled Eritrea

continued on p(25)

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FCCPC removes list of approved loan apps after investigation

By N.Ugoh

Nigeria's Federal Competition and Consumer Protection Commission (FCCPC) has deleted the list of approved loan apps in Nigeria from its website.

While talking about the development on its website, FCCPC said: "The list is undergoing a clean-up and will be made available as soon as possible."

Recall that the commission revealed that some registered Digital Money Lenders (DML) apps approved to operate quick loans in Nigeria have duplicated their apps by operating an Android app on Google Playstore and Android Package Kits (APK) file formats.

FCCPC said Sycamore Integrated Solutions Limited and Orange Loan and

Purple Credit Limited, owners of "Getloan" and "Camelloan", respectively, were found to be operating duplicated apps to bypass requirements and regulations for loan apps.

The commission carried out an investigation last month before deleting the list to review the registered loan apps on its Approved List.

After the investigation, FCCPC said: "The Commission notes a resurgence in the occurrence of prohibited loan recovery methods and practices in the past weeks. The Commission's investigations and continuing surveillance demonstrate that the vast majority of the resurging infringements are not by otherwise approved/listed DMLs approved to be on Playstore and other finan-

cial services providers.

"The violating DMLs have resorted to the use of Android Package Kits (APK) file formats. The illegal DMLs provide links to consumers to visit unregistered websites using their Android devices/phones. In the course of that interaction, consumers' private information that is otherwise protected and prohibited from access or download by DMLs or their apps is accessed and downloaded. This conduct is prohibited by sundry laws, particularly relevant data privacy protection instruments, and more specifically, the Limited Interim Regulatory/Registration Framework & Guidelines for Digital Lending 2020 of the Commission.

"In the course of continued on p(25)

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How to Not Pay Spousal Support in Canada

INTRODUCTION

Divorce can be a challenging and emotionally draining process, and one of the most contentious issues is often the payment of spousal support. Many individuals going through a divorce wonder, "how to not pay spousal support in Canada?" While spousal support is a complex issue governed by Canadian family law, there are legal ways to reduce or avoid paying spousal support. In this blog post, we will explore the intricacies of spousal support in Canada, discuss the factors that determine spousal support payments, and provide strategies for minimizing or avoiding spousal support.

UNDERSTANDING

SPOUSAL SUPPORT IN CANADA

Spousal support is financial assistance paid by one spouse to the other after a marriage or common-law relationship has ended. Under the Family Law Act and the Divorce Act, Canadian courts have the authority to order spousal support payments based on various factors, such as the length of the marriage, the roles each spouse played during the relationship, and the financial needs of each spouse.

The primary purpose of spousal support is to reduce financial inequality between former spouses, compensate a spouse who has experienced economic hardship due to the breakdown of the marriage, or to help a lower-income spouse become self-sufficient. The amount and duration of spousal support depend on many factors, including the recipient spouse's financial need and the paying spouse's ability to pay support.

IS SPOUSAL SUPPORT MANDATORY IN CANADA?

Spousal support is not mandatory in all cases, and the courts have discretion when determining whether a spouse is entitled to spousal support. Some situations in which a spouse may not be required to pay spousal support include cases where both spouses have similar incomes, the marriage was of short duration, or the recipient spouse is already financially self-sufficient.

Can You Go to Jail for Not Paying Spousal Support in Canada?

Failure to pay spousal support as ordered by a court can result in serious consequences, including fines, garnishment of wages, and even imprisonment. While jail time is not a common outcome, it is essential to comply with a

spousal support order to avoid these penalties.

SPOUSAL SUPPORT ADVISORY GUIDELINES

The Spousal Support Advisory Guidelines (SSGA) provide a framework for determining spousal support in Canada. These guidelines take into account factors such as the length of the relationship, the incomes of both spouses, and any child support obligations. Although the guidelines are not legally binding, Canadian courts often use them as a starting point when determining how much spousal support should be paid.

WHAT IS THE AVERAGE SPOUSAL SUPPORT PAYMENT IN CANADA?

There is no specific "average" spousal support payment in Canada, as the amount of support awarded depends on the unique circumstances of each case. However, the SSGA provide a range of potential support amounts based on the income disparity between spouses and the length of the relationship.

DON'T WANT TO PAY SPOUSAL SUPPORT?: ENCOURAGING SELF-SUFFICIENCY

One of the most effective ways to avoid paying spousal support or to reduce the duration of support payments is to encourage the recipient spouse to become self-sufficient. In some cases, the court may order time-limited spousal support to provide the recipient spouse with financial assistance while they pursue education or retraining to improve their employment prospects.

By supporting the recipient spouse's efforts to become self-sufficient, the paying spouse may be able to reduce their spousal support obligations over time. Additionally, the courts may consider a spouse's reasonable efforts to become self-supporting when determining the amount and duration of spousal support.

COHABITATION AGREEMENTS AND PRENUPTIAL AGREEMENTS

Cohabitation Agreements and Prenuptial Agreements are legal documents that can help protect your financial interests and potentially reduce or eliminate spousal support obligations in the event of a relationship breakdown. These agreements outline the financial arrangements between partners and can include provisions related to spousal support.

A well-drafted agreement can address issues such

as the amount and duration of spousal support payments, or even waive spousal support entirely, as long as the terms are fair and reasonable. However, it is crucial to consult with a family law lawyer when drafting these agreements to ensure that they are legally enforceable.

Marriage Agreement and Separation Agreement

A marriage agreement, also known as a prenuptial agreement, is entered into before marriage, while a separation agreement is created after the breakdown of a marriage or common-law relationship. Both types of agreements can address spousal support issues and may help avoid paying spousal support if the terms are fair and in accordance with Canadian family law.

DIVORCE MEDIATION AND COLLABORATION

Alternative dispute resolution methods, such as mediation and collaboration, can help spouses reach mutually beneficial agreements regarding spousal support. By engaging in these processes, spouses can work together to negotiate spousal support arrangements that reflect their unique circumstances and financial needs.

Mediation and collaboration can be less adversarial than traditional litigation, which may lead to more favourable spousal support outcomes for both parties. Additionally, agreements reached through mediation or collaboration may be more likely to be upheld by the courts, as they reflect the parties' voluntary decisions and are generally considered to be fair and reasonable.

TAX IMPLICATIONS AND STRATEGIES

Understanding the tax implications of spousal support payments can help you structure the payments for tax efficiency and potentially reduce the overall financial impact of spousal support obligations. In Canada, spousal support payments are generally tax-deductible for the payor spouse and taxable for the recipient spouse. By structuring support payments to minimize tax burdens, you may be able to reduce the overall cost of spousal support.

Paying Spousal Support: Lump-Sum Payments and Property Division

One way to minimize or avoid ongoing spousal support payments is to negotiate a lump-sum payment or an alternative property division arrangement. A lump-sum payment involves the payor spouse making a one-time payment to the recipient spouse, which can satisfy their spousal support obligations entirely or partially.

While a lump-sum payment may require a significant upfront cost, it can provide both parties with financial certainty and eliminate the need for ongoing monthly support payments. Addition-

ally, a creative property division arrangement may help reduce or eliminate spousal support obligations by providing the recipient spouse with sufficient assets to become financially self-sufficient.

Appealing or Varying Spousal Support Orders

In some cases, it may be possible to appeal or vary a spousal support order to reduce or eliminate spousal support payments. Grounds for appealing or varying a support order may include a material change in circumstances, such as a significant increase in the recipient spouse's income or the paying spouse experiencing financial hardship.

To appeal or vary a support order, you will need to provide evidence of the change in circumstances and demonstrate that the current spousal support order is no longer appropriate. It is essential to consult with a family law lawyer if you are considering appealing or varying a spousal support order, as the legal requirements and procedures can be complex.

Do I Have to Pay Spousal Support if My Ex is Living with Someone in Canada?

In Canada, cohabitation with a new partner may impact spousal support obligations. If the recipient spouse begins living with a new partner, the paying spouse may argue that the recipient spouse's financial needs have changed, and their entitlement to spousal support should be reassessed. The courts will consider factors such as the nature of the new relationship, the financial contributions of the new partner, and the extent to which the recipient spouse's financial needs have been reduced.

However, it is important to note that cohabitation alone does not automatically terminate spousal support. The paying spouse must apply to the court to have the spousal support order varied or terminated based on the new circumstances. It is crucial to consult with a family law lawyer if you believe that your ex-spouse's cohabitation should result in a reduction or termination of spousal support.

Conclusion

In conclusion, avoiding



Former Canadian Armed Forces HR Head faces sexual assault trial

By Bunmi Akintilo

The trial of Vice-Admiral Haydn Edmundson, the former Head of Human Resources for the Canadian Armed Forces, is set to commence in an Ottawa civilian court. Edmundson is facing charges that border on sexual assault and committing indecent acts on a female subordinate between 2015 and 2017.

The allegations against Edmundson surfaced in November 2020, when the complainant, whose identity is protected, filed a lawsuit against him and the federal government. The complainant claimed that Edmundson sexually harassed, abused and assaulted her while she worked under his command at the Canadian Joint Operations Command headquarters in Ottawa.

The trial of Vice-Admiral Haydn Edmundson, the former Head of Human Resources for the Canadian Armed Forces, is set to commence in an Ottawa civilian court. Edmundson is facing charges that border on sexual assault and committing indecent acts on a female subordinate between 2015 and 2017.

The allegations against Edmundson surfaced in No-

or minimizing spousal support payments in Canada requires a comprehensive understanding of the legal landscape, negotiation skills, and creative problem-solving. By taking proactive steps to encourage self-sufficiency, entering into enforceable legal agreements, pursuing alternative dispute resolution methods, optimizing tax strategies, consider-

ving lump-sum payments or alternative property division arrangements, and appealing or varying spousal support orders when appropriate, you can protect your financial interests and achieve a fair and equitable outcome in your divorce settlement.

Edmundson was charged by the Ottawa police in December 2021, after an investigation by the Canadian Forces National Investigation Service. He was suspended from his HR duties pending the outcome of the case.

Edmundson has however denied any wrongdoing and pleaded not guilty to the charges. His lawyer, Brian Greenspan, said that Edmundson wants to restore his reputation and clear his name. Also, Greenspan questioned the complainant's credibility and motives, suggesting that she was seeking financial compensation and revenge.

Edmundson has chosen to be tried by a judge alone in the Ontario Court of Justice, which means there won't be a jury. The trial will last for two weeks and hear from many witnesses which include Edmundson and the complainant.

Source: <https://divorce-canada.ca/how-to-not-pay-spousal-support-in-canada>

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REFLECTIONS ON RELATIONSHIPS

Is joint account a good idea?

My Parents were wicked

Dear Agatha,

In view of the high rates of infidelity among married couples, is it safe for a couple to operate a joint account? The experiences of many couples on this issue aren't pleasant. My elder brother's experience prompted my query to you. He woke one morning to find himself homeless after discovering his wife has been having extramarital affairs, and that the two children she passed off as his, belonged to two different men she had affairs with.

In addition, with the help of one of the men she is involved with, she was able to sell piece off their house, using the documents of their joint account, without the knowledge of her husband, who was on official assignment in Ghana when the sales were made.

He came home to nothing.

Many married couples who have joint accounts, do not have good stories to tell.

What do you think, Agatha?

Chioma.

Dear Chioma,

My stance on your query remains the same as other times, I have responded to similar questions.

The issue of joint remains a major problem in marriages, not because the conception is wrong, but has its major flaw, in the sincerity of the couple involved.

No thanks to the nasty experiences of some

couples, many others are increasingly finding it difficult to trust each other with money.

It's a sad commentary about the fragile foundation most marriages are premised. A lot of marriages lack sufficient credible credentials to survive the different challenges that come with sharing everything together.

Sincerely, having a joint account and helping to fund the building of a house are foreign adaptations which are painfully today destroying most marriages in this side of the world.

This is because traditional African society was a simple one; one in which the man worked to fend for his family while the woman's duty was to take care of her husband and children.

Her job was inside her home. But with more exposure to Western values, so many things changed in the way we do things. Unfortunately from available statistics, the marriage institution has become the major casualty of this desire to adapt everything Western without questions. Whether we agree or not, there are certain marital norms in the West that will not work here in Africa and the earlier modern Africans realized that, the better for the marriage institutions.

For starters, our laws are not designed to protect the woman in anyway so why premise a marriage on the values of a society that has evolved a system that makes the man not only a tenant in his own home,

but forces him to continue to part with almost half of whatever investments he has should the woman sue for divorce?

First and foremost, the typical African man is a polygamist by nature. Whether we admit it or not, the inherent nature of the men generally is to conquer as many women as possible. Down here in Africa, polygamy is still a very strong part of our nature. Unlike the Western world where the society from its inception has inculcated and entrenched monogamy, the average African man has polygamy in his blood and history.

Also, down here, women in those days, were expected to be submissive and absolutely faithful to their partners. Not so anymore as more and more women these days, think having extra marital affairs, is the major criterion for showcasing the independence of women.

The flip of this argument is, how does a woman who grew up with a father who had many wives and concubines ever trust her money and labour to a man without always being suspicious of his reasons for withdrawing money from a joint account or wonder what would be her faith if she invests alongside her husband in building a house for the family?

There is no winning the argument from anyone's point of view.

Many years of handling relationships and marriages issues have exposed me to one naked fact;

that couples who desire to own a joint account should first of all, focus more on the negative sides than the advantages of doing so. Often than not, couples only focus on why they want to; the reasons are usually for housekeeping and having enough funds to take care of the children's fees.

On paper the reasons for having a joint bank account is commendable; however issues come in its actuality and execution. Unless the couple is honest and understanding of each other, it has the potency to destroy their relationship.

So, if the couple is not ready to completely trust each other, the issue of having a joint account should be avoided for the overall interest of the union.

To best explain my position, while women generally don't mind spending their money voluntarily on their families; even going as far as becoming breadwinners when their husbands are out of work; the mood of the average woman becomes something else when the man takes her money without her permission or for something she doesn't agree with. This is where the problem of having a joint account comes in. The average woman would want to know the reason for every kobo the husband is taking from the account; wonder why he isn't putting in more than the agreed amount if she perceives him to be having too much change to throw around.

While the average man doesn't think a thing

of a woman spending his money, it isn't so with the woman who would feels cheated when she perceives or suspects her man of using money from their joint account for something that wasn't specified in their agreement.

Furthermore, no man likes his wife monitoring how he spends money. When the queries from his wife on proper accountability becomes too much, he is bound to become irritated and resentful of his wife.

The intricacy of the human nature makes such a venture complex to handle as time goes on.

The institution itself comes with so many challenges without having to add the issue of couples having a joint account. Even where the couples are not having issues of their own; sometimes imported challenges from friends whose experiences went wrong, like the example of your elder brother, can put unexpected pressures into an otherwise perfect arrangement with each party silently asking secret questions on the sincerity of the other party.

One way around the issue of having a joint account is to open individual accounts for each child once the children start coming. every month both parents should dedicate a percentage of their income to these accounts to defray the cost of school fees and medical bills that might come. The banks can be instructed to pay these bills straight from the accounts when tellers are presented.



Agatha Edo
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However, couples should do what they feel comfortable with after marriages.

This is why no general theory on financial management, is an absolute panacea to marital challenges. Once a couple is comfortable with what they have, they should stick it.

This way, no one would feel cheated and unnecessary bickering over money between them would be avoided to the barest minimum.

Life, is itself a huge gamble. Every marriage is supposed to last forever, but we all know it doesn't work out like that. once there is sincerity and trust, a lot can be achieved by the couple. While one woman will never assist her husband in building a house, another wouldn't think it twice before assisting her husband put up a structure.

The important thing about marriage is patenting it to suit what works for us. It all boils down to our understanding, dream, desire, commitment and sincerity to our family.

Good luck.

A HOLE IN MY HEART

EPISODE 3 ©FRANCA UWUIGIAREN

Lizzy detests Saturdays. For her it meant washing, cooking and cleaning the house. Her mother, a business woman must go to her shop. The responsibility of everything falls on her.

She struggled to leave the bed. She was tired because she spent the night browsing.

Tunde had given her his phone to use. She had switched it off then tied it in a nylon before hiding it in the bag of rice in the kitchen, waiting for her parents to sleep.

There was no way anyone would suspect that a phone is hidden there.

The moment her par-

ents had settled for the night, she retrieved the phone and started browsing till 5am when the battery died, then hid it under her pillow.

That morning, as she stepped into the sitting room, she found her parents and siblings waiting for her. The phone was on the table. Lizzy opened her mouth wide, in surprise. Her parents didn't wait for her to greet before questioning her.

"I didn't buy a phone for you. So tell me where you got it from?" Patrick asked showing her the phone.

"From my classmate. I...I ...needed to do an as-

signment"

"Did you ask for our phones and we didn't give you?"

"No dad"

"Alright. Go back to your room, dress up and take me to that friend that gave you the phone"

"No daddy!. Please dad, I will return it myself".

"Don't worry. We will return it together. I want to see that your friend's face".

Lizzy went to her room and sat on the bed trembling. She was afraid of what her father would do to her or her friend.

"I am waiting" She heard her dad say.

She changed her

clothes and returned to her parents in the sitting room.

Tunde's house was a 20 mins. walk from her house. As they walked, Lizzy prayed she just handed over the phone to him without any squirmish from her father. She saw some of her friends on the way, but she could not wave at them.

It was at the front of Tunde's compound they met him about to go into the compound. He was holding a big nylon containing loaves of big bread.

"Tunde" Lizzy called.

Tunde paused and greeted Patrick.

"I learnt you gave

Lizzy a phone"

"Yes sir"

"Alright. Please don't ever give her such again"

"Okay sir"

"If you try it, you won't like what I will do to you. I will prefer if you stay out of her way. Even if she ask for your phone or anything, don't give her."

Turning to Lizzy, he said:

"Of all students in your class, you prefer a boy abi?. So there are no girls in your class that you can play with. If I ever see you near him again, you will be in trouble" he warned.

The phone was handed over to Tunde who quickly opened the gate

and rushed in.

At home, Lizzy's parents reprimanded her again.

"And if such repeat itself, I will deal severely with you. Why is it difficult for you to obey simple instruction. Do you even know if that phone was stolen?"

Lizzy apologized and promised never to disobey her parents again.

Throughout the day, she threw tantrum when her parents left home. She transferred the aggression to her younger ones. She blamed herself for not hiding the phone in a more secured place after using it.

TO BE CONTINUED.

Talking to kids of all ages about personal safety



(NC) Your child's safety is your priority from the day you first bring them home until long after they've left the nest. And as kids grow more independent and spend more time unsupervised, parents and caregivers must learn to have meaningful and open conversations on personal safety topics when they can't be there to protect them. Here are some tips:

SET BOUNDARIES

If your children openly communicate their needs and wants, they are old enough to understand basic safety lessons. This could include dangers inside and outside the home like getting burned by the stove or scalding hot water, and how to safely cross the street. Setting safety boundaries for your children changes with age and is ever evolving. For example, when appropriate, get them to memorize a parent or guardian's phone num-

ber to reach out to in an emergency. You can also chat with them about the importance of being cautious when interacting with strangers, both in person and virtually.

DISCUSS PHYSICAL SAFETY

If your kids have decided to move out, explore the workforce or pursue post-secondary education out of town – there are some steps they can take to protect themselves when they're on their own.

If they will be living alone or in a dorm, make sure they know where all the exits are and where to locate the building's emergency plan. If they are living in a rental property, portable smoke and carbon monoxide detectors are small investments for added peace of mind.

A personal mobile phone for emergency use is a common way to help stay connected, however,

most campuses also have well-marked emergency phones to use in the event someone is being followed or harassed. Public transit systems often have designated safe waiting areas as well.

TALK ABOUT HUMAN TRAFFICKING

While many people think of human trafficking as an issue that doesn't happen close to home, every year Canadians across the country are taken advantage of and exploited for sexual or labour purposes.

Teach your kids about what human trafficking is and what traffickers may do. Some traffickers may isolate kids from friends and family, pressure them into providing services to earn love, pay back favours or gifts, or to show gratitude. Traffickers may even show romantic interest or offer fake job opportunities.

If a job offer sounds too good to be true, it may well be. A legitimate job offer will clearly state the wages, hours and expectations. Further, teach your kids to never hand over their passport or other personal documents to anyone.

Support is available 24/7 through the hotline from the Canadian Centre to End Human Trafficking at 1-833-900-1010. Find more information at canada.ca/human-trafficking.

NCC: Ban on SIM card importation generated N55bn for local manufacturers

By N.Ugoh

The Nigerian Communications Commission (NCC) has revealed that the ban on the importation of whole-body SIM cards generated over N55 billion for local manufacturers.

This revelation was made by the Executive Vice-Chairman (EVC) of NCC, Umar Danbatta, during the second edition of the Nigerian Telecommunications Indigenous Content Expo (NTICE) which took place recently in Lagos.

Danbatta was represented by Ubale Masaka, the commission's Executive Commissioner (Technical Service) and

he also revealed that they've established the Nigeria Office for Development of Indigenous Telecoms Sector (NODITS) as a special-purpose vehicle to bring it to fulfilment.

He said: "I am happy to inform you that NTICE is one of the achievements of NCC through NODITS because it has served not only to promote pillar number five (strategic partnering) of the strategic management plan SMP 2020-2024 of the commission.

"The commission is equally committed to continuously supporting micro, small, and medium enterprises (MSMEs) and innova-

tors to promote our talented young persons and ventures through angel investments, research and development support, exposure to investors and sponsorship to local and international tech events.

"This ban has not only eased the burden on our demand for foreign exchange but has also created businesses in excess of N55 billion for the local SIM card manufacturers in Nigeria which in turn has created direct and indirect jobs."

Also, Danbatta urged the government to grant the telecommunications industry autonomy to enable it to thrive.

Teachers in Ontario settle labour complaint, early reading screening equipment not mandated

By N.Ugoh

Two Ontario teachers' unions revealed they have settled unjust labour practice complaints against the government, with Ontario agreeing not to mandate an early reading screening apparatus for the forthcoming school year.

Recall that the Elementary Teachers' Federation of Ontario (ETFO) and the Ontario English Catholic Teachers' Association (OECTA) accused the government recently of not bargaining in good faith by presenting the new requirement since it is a sub-

ject matter of discussion in negotiations.

The four paramount teachers' unions have been in bargaining for a new contract with the government for over a year and three say they are plotting strike votes this fall.

A new policy announced by Education Minister Stephen Lecce in early 2023 would have required teachers to utilize an early reading screening tool in senior kindergarten, Grade 1 and Grade 2.

A joint statement Wednesday from ETFO and OECTA says though they firmly believe that

every child has the right to learn, to read, their contracts include language on the capability of teachers to exercise their professional judgement when selecting and conducting diagnostic tests to meet student needs.

They said the settlements were reached recently and the government confirmed the early reading screening tool would not be compulsory for the 2023-24 school year and that educators will still "use their expertise to identify and address students' unique individual needs."

How to prepare for a wildfire



(NC) Emergencies can happen at any time and often without warning, and wildfires can cause extensive damage and put lives in danger. To prepare for a wildfire event, make sure you know the risks specific to your area, and that you and the members of your household know exactly what to do if a wildfire is possible in your area. Here are some steps you can take:

TAKE PREVENTATIVE MEASURES

Protect your home and your property by removing any fire hazards such as dried out branches, leaves and debris. Keep a sprinkler that is in good working condition in an accessible spot. Learn how to turn off the utilities such as water, electricity, and heating and cooling in your residence. You may be instructed by local authorities to shut them off. Ensure pets and/or service animals are included in your evacuation plans.

If you're building or renovating your home and live in a potential wildfire hazard zone, consider choosing fireproof or fire-resistant materials for the exterior, such as steel roofing, masonry walls or fibre-cement siding.

PACK AN EMERGENCY KIT

In an emergency, you will need some basic supplies ready to go in your emergency kit, and you may need to get by without power or tap water. Your kit should have supplies for everyone who lives with you for several days. Keep it on hand so you can grab flashlights if the power goes out or leave quickly if you must evacuate. Make sure your kit is organized and easy to find. You may also buy a pre-assembled emergency kit or a car kit online and in various retailers.

Have a plan
Public Safety Canada recommends every Canadian household have an emergency

plan. It should include details such as: what to do for likely weather events in your area; emergency exits and safe routes out of your home and neighbourhood; meeting points and contacts in case your family isn't together at the time of the event; as well as copies of important documents like birth certificates, land deeds and insurance information; even include places for your pet to stay.

STAY INFORMED

Being able to communicate with family, friends and emergency responders during an emergency is critical, but keep in mind that everyday communication devices may not work properly during an emergency. If possible, use non-voice channels like text messaging, email or social media, as these use less bandwidth than voice communications and may work even when telephone service has been disrupted. If you have to make a phone call, keep your conversation brief and communicate only critical information. Keeping calls short also saves the battery life of your mobile phone.

Find more information on how to prepare for a wildfire, and learn about other hazards and emergencies at getprepared.ca.

FOOD & RECIPES

Three tips for a more eco-friendly lunch box



(NC) Back-to-school means back to packing lunches. As more schools are encouraging “litter-less” lunches, it can be hard to come up with ways to make your child’s lunch more sustainable and waste free. Here are three tips to make it easier:

1. PORTION TO REDUCE PACKAGING

Buy food you’ll use in your child’s lunch, like yogurt or applesauce, in larger quantities. Purchase a big tub that you can portion into reusable containers, rather than individually packaged cups, to avoid wasteful packaging.

Put re-useable or

wooden cutlery and a cloth napkin into your child’s lunch box to reduce what’s thrown away. A napkin is also something you can personalize so kids can stand out from their friends.

2. CONSIDER WHERE YOUR FOOD IS COMING FROM

Grow your own salad, herbs or vegetables where possible. This saves on packaging and transportation-related emissions, which helps reduce your carbon footprint. It’s also a great activity for engaging the kids.

When shopping, look for products from companies that are pri-

oritizing eco-friendly initiatives. You can often identify them by the packaging. For example, the carbon zero logo on Maple Leaf Foods products means the company prioritizes reducing and balancing out its carbon emissions and making a positive impact on the environment.

3. MEAL PLAN, “UPCOOK”, AND MAKE YOUR OWN SNACKS

Instead of buying individually wrapped snacks at the grocery store, try healthier, more environmentally conscious options. You could also turn this into a Sunday activity with the kids by batch-making homemade granola bars. Not only can this be a fun family activity, but you’ll save countless wrappers from going to a landfill.

Meal planning helps to reduce food waste. Are you likely to have leftovers that can be “up-cooked” and added to your child’s lunch? Leftover chicken from last night’s dinner can be used on a sandwich, or leftover bacon from breakfast can be a tasty salad topping.

Sneaky ways to add protein to your diet



(NC) Found in staples like meat, eggs and legumes such as beans and lentils, protein helps build and repair muscle and tissue. The amount of protein you need varies from person to person, but the Canada Food Guide recommends that it makes up about one quarter of every meal and snack.

Here’s how to get protein into every meal of the day – without relying on meat.

1. GO GREEK

Thick and creamy Greek (or Balkan or Scandinavian style) yogurt typically has more protein than the average tub of traditional yogurt. It’s a great way to pack some staying

power into breakfast. And there are plenty of vegan varieties if you’re dairy-free or lactose intolerant. Just avoid super-high fat content or extra sugar and additives whatever you choose. Top it with fresh fruit and granola or museli cereal for a complete meal, or use it in potato salads, dips and baked goods instead of mayo or oil to sneak in extra protein and reduce fat without losing out on taste or texture.

2. ROAST CHICKPEAS

Stick a sheet pan of drained and rinsed chickpeas in the oven at 425 degrees F (220 degrees C) for about 40 minutes. Give them a stir about halfway through and you’ll find

they come out deliciously crispy. Use them to make summer salads a little more filling or snack on them by the handful. They are a naturally protein- and fibre-rich way to stop hunger pangs from striking. Before roasting, coat them in a teaspoon of oil and your favourite spices and herbs – maybe paprika and garlic salt or simply salt and pepper – so they pack a punch of satisfying flavour too.

3. LEVEL UP YOUR BREAD

Adding peanut butter, cream cheese or a sliced egg to your toast is classic. But if you prefer plain buttered toast for breakfast, or want a meat-free way to add oomph to sandwiches, sprouted grain bread can be a great way to pack in natural protein without nut butter, dairy or eggs. Silver Hills Bakery’s Big 16 sprouted grain bread, for example, has a whopping 12 grams of plant-based protein to help keep your energy and focus steady throughout the day. Sprouting the grains makes more fibre and vitamins easily available to your body.

Find out more at silverhillsbakery.ca.

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5 reasons to eat more strawberries

(NC) We all know we should eat more fruits and veggies. But did you know strawberries are one of the healthiest fresh fruits? Here are five reasons why eating this popular berry is a smart choice.

Immunity support: Just one cup of strawberries has 95 per cent of vitamin C for the day, which supports the immune system.

Nutritional power:

Strawberries are also packed with other beneficial nutrients including potassium and fibre.

Digestive support: A serving of eight strawberries provides three grams of both soluble and insoluble fibre.

Natural sweetness: Sweet-tasting and low in calories, strawberries offer a treat for your tastebuds without excessive sugar.

Versatility: Straw-

berries can work for any snack or meal-time from a mid-morning energy boost to a healthy evening snack or a delicious accessory to a sweet or savoury recipe.

Canadians can enjoy the delicious taste and health benefits of fresh strawberries year-round from strawberries grown in California. Find more nutritional information at californiastrawberries.com.



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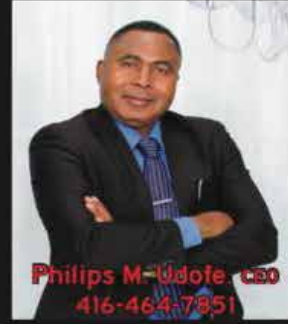
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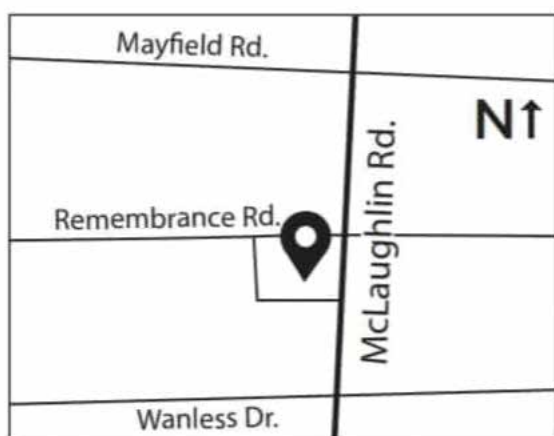


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IMAGES FROM THE 1ST FATHER'S APPR

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COVER STORY

HOW GOD APPEARED TO ME, CALLED ME INTO MINISTRY - PASTOR AMOS DADA

continued from p(1)

NCNC: Thank you for creating time to have this interview with us. You're quite an accomplished preacher. Where are you originally from and why did you move to Canada? What are some of the childhood experiences that shaped who you are today?

Pastor Dada: I'm grateful to God for preserving both us and the ministry for two decades. Thanks to Nigerian Canadian news for this opportunity. Being a pioneer columnist for spiritual matters has been an honor. Originally from Nigeria, I schooled there worked there and by the grace of God prospered there. I've found purpose in Canada beyond economic reasons—to bring a spiritual awakening and put Canada on the global spiritual map, as directed by a prophetic message, to come to this country to raise an eagle generation and put Canada on the spiritual map of the world. I always imagine if I was not educated I would be languishing in on one farmland, my greatest ambition was to become a taxi driver. Childhood experiences that shaped my life include my parents' prayers and their determination to educate me despite their lack of schooling. Education rescued my family from generational poverty.

NCNC: You're a Chemical Engineer by training, a field considered to be very lucrative. Why are you not practicing as an engineer?

Pastor Dada: I spent two decades in Chemical Engineering (1981-2001) as a teacher, lecturer, and process engineer before finding my true purpose. Notably, I had

already made an impact in Chemical Engineering before embarking on my journey in «Jesus Engineering.» My doctoral research focused on finding an alternative to the melt flow index for polypropylene polymerization, which successfully reduced downtime at Warri Refining and Petrochemical Company, a subsidiary of the Nigerian National Petroleum Corporation. I am practicing engineering it is just that instead of refining oil I am refining souls!

NCNC: Your profile reveals that you're a Preacher, Teacher, Pastor, and Evangelist by calling. How were you called into ministry and how did you know that it was God who called you?

Pastor Dada: In a very dramatic way. I was very good in playing draft - (a well-known local game in the western part of Nigeria in those days) in my university days, instead of staying awake in the reading room I was wasting away in the common room. During IT in Ibadan with my uncle, he will put me among people as old as my parents, grandparents, I was happy I was winning the game but I realized the old people hated it and could use their diabolical powers to hurt me. So, I was in search of God. One day in a small library in Fajuyi Hall of Obafemi Awolowo University after reading a tract I gave my life to Christ. The prayer I prayed that day in line with the story of the tract, was "God speak to me tonight and if you do, I will serve you all my life." God did not just speak to me that night, he appeared to me, I did not see his face he was in a white dazzling garment, tall but he stretched the Bible to me. I took it in that revela-



Pastor Amos Dada

tion and told my classmates, that I am now born again, and I will preach the gospel around the world.

NCNC: There is a popular notion that when some persons are unable to find a job or could not find anything meaningful to do, they venture into ministry, claiming that God called them. How would you react to this and, was that the case for you?

Pastor Dada: Absolutely true. God's ways of calling people to ministry are diverse, and He uses them to advance His gospel. His sovereignty cannot be confined. The early church's expansion stemmed from persecution, even leading Paul to Rome through his appeal to Caesar. Persecution birthed the Catholic Church, which has blessed humanity immensely. Their preservation of historical sites in Israel is remarkable. Even if unemployment guides individuals to find purpose and service, all glory goes to God.

NCNC: Many people believe that most clergy men are into ministry because of tithes and offerings? Do you think Churches will continue to exist if tithes and offerings are halted?

Pastor Dada: Tithes and offerings are rooted in

both the Old and New Testaments, and as long as there are believers on earth it cannot be halted. True believers don't question giving; they understand its role in spreading the gospel.

NCNC: Your profile says in 2003, as "directed by the Lord," you and your wife commenced International Gathering of Eagles Conference, "this is one way by which he has been used of God to put Canada on the spiritual map of the world". Can you share insight on this initiative? What is the evidence that it has put Canada on the spiritual map of the world?

Pastor Dada: Certainly, here are five ways that showcase our impact as Canadians through the conference. Global Conferences: Our conference presence in 45 nations stands as strong evidence; Transformative Stories; Church Planting and Missions; Inbound Learning and Transformation; Authoring Global Impact.

NCNC: The International Gathering of Eagles Conference (IGOE) 2023 comes up from September 14 to 17, at the Jewel Event Centre, marking the 20th anniversary. What are the expectations at this year's Conference?

Pastor Dada: The purpose of The International Gathering of Eagles Conference is multifaceted: to lead the unsaved to Jesus, nurture immature believers into maturity, bring healing and deliverance, and ignite a passionate spirit for Christ. Our vision aims to raise a generation of dedicated, Spirit-filled individuals who spread the gospel with integrity, not just in Canada but globally. We emphasize solid, undiluted biblical teachings for church maturity.

This year's theme, «Worship God in Spirit and in Truth,» focuses on genuine, faithful worship that pleases God. Our goals include teaching proper worship, addressing misconceptions, emphasizing worship's significance, motivating global energetic worship, and equipping attendees with worship tools.

NCNC: You're an advocate of 'no divorce'. In a situation where one party consistently threatens another's life, what would you advice considering that domestic violence has sent so many married people especially women to early grave?

Pastor Dada: I advocate against divorce, based on adherence to the Holy Bible principles. Love between spouses should never involve violence. Husband love your wife and wife submit to your husband should be a simple way to live. Jesus links divorce to hardened hearts, so avoid that. Do not abuse each other in any way. Don't go to marriage until you are the right person. I have five daughters; I don't want any man to kill them and vice versa. My no divorce message has an exception - no violence. If a spouse is violent, seek help

and prioritize your safety.

NCNC: What are some of the personal challenges you have faced as a Preacher and how did you tackle them? Finally, considering that we are in the end time, what advice do you have for the general public?

Pastor Dada: God has been good to me. However, like other minister we have faced a lot of challenges and God has given me victory. The greatest challenge was the church God enabled us to plant in our youthful days, for 16 years, that we left in the hand of faithful men, when we emigrated here the Pastor denied that we were the pioneers. That was very challenging. I am grateful this was resolved and we are able to continue to do God's work in unity. To the glory of God in 38 years of ministry 1985-2023, we have not had cause to bury any member whether in Warri church when we were there or the Toronto Church. However, in 2012 after the conference a speaker's wife died before they could travel back. That was a tough time. But as they say tough times don't last only tough people do. Challenges of investing in members with the hope that after you have trained them, they will become resources persons in the church are there; they either leave or fail to give back.

Whatever vision God has given you engage in, follow these four steps, determination, discipline dedication and sacrifice.

Finally, I want to thank all the people that God has used within and outside the church for all that God has used to help our ministry in the past 38 years and especially 20 years in Canada, you are blessed.

ENCOMIUMS AS REMARKABLE FATHER'S AWARD HOLDS IN STYLE

continued from p(1)

an Initiative of the Nigerian Canadian Newspaper, the foremost Canada-based Nigerian Newspaper that heralds the Nigerian/African perspective to the over one million Africans living in Canada, in collaboration with the "Remarkable Mothers Award (RMA) Gala" is aimed at celebrating the unsung and heroic deeds of Fathers.

According to the organizers, the award is geared towards honoring deserving Fathers who have distinguished themselves in the home front, community and society through their invaluable contributions and exemplary living.

During the multicultural event, the ravishing-looking awardees who were drawn from all walks of life and different continents, took turns to receive their

awards at the event amidst cheers.

In her speech, the founder of the initiative and Publisher of the Nigerian Canadian Newspaper Canada, Mrs. Ngozi Ugoh who welcomed guests to "this exceptional celebration of fathers' achievements and dedication," said "Tonight, we gather to pay tribute to the unsung heroes who stand strong as fathers, providing unwavering support, boundless love, and relentless guidance. It is with immense pleasure that we recognize their invaluable contributions through this Remarkable Fathers' Award Event, an initiative of the Nigerian Canadian Newspaper, aimed at celebrating the unsung and heroic deeds of Fathers. These are Fathers who have been contributing meaningfully to the twin projects



of community and nation-building, and have a track record of impacting lives in their various fields.

"In a world that constantly evolves, the role of a father remains a beacon of stability, strength, and wisdom. Fathers are the architects of dreams, the silent providers of strength, and the unwavering pillars of their families. They hold the power to shape futures, instill values, and inspire generations. Today, we gather not only to honor their actions but to celebrate the profound

impact they have on shaping the destinies of their children and society at large.

"The Remarkable Fathers' Award is more than just a token of appreciation; it is a testament to the sacrifices, late nights, and relentless determination that fathers put forth to ensure their families thrive. It is a reminder that their influence extends beyond the walls of their homes, reaching into classrooms, workplaces, and communities, shaping the very fabric of our society.

"As we reflect on the

significance of fatherhood, let us also remember that this event is a testament to the ideals we hold dear—respect, commitment, empathy, and sacrifice. These values transcend borders and cultures, and tonight, we celebrate fathers who embody them with grace and humility".

According to Ugoh, each of the nominees for the Remarkable Fathers' Award has a unique story to tell—stories of bedtime stories, life lessons, fixing scraped knees, and wiping away tears. "These stories resonate because they are the stories of love and dedication, stories that have inspired countless others to become better fathers, better partners, and better men.

"Behind every successful father stands a supporting cast of partners, children, and family members who

have joined them on this extraordinary journey. Their encouragement, patience, and unwavering belief have been instrumental in shaping the fathers we honor today.

"So, as we come together in this moment of celebration, let us acknowledge the legacy of fatherhood, recognizing that it is not just a title, but a lifelong commitment to nurturing, guiding, and uplifting. Let us celebrate the moments of laughter and the quiet moments of strength. Let us recognize the dedication that often goes unnoticed and the sacrifices that often go unspoken.

"To all the fathers here tonight, you are more than providers; you are the guardians of dreams, the cultivators of character, and the bearers of hope. Your impact

continued on p(25)

ENTERTAINMENT

BURNA BOY: 90 PERCENT OF NIGERIAN AND AFROBEAT SONGS LACK REAL-LIFE EXPERIENCES AND SUBSTANCE



Burna Boy

By N.Ugoh

Nigerian music star, Burna Boy has revealed that 90 percent of Nigerian and afrobeat songs lack real-life experiences and substance.

While speaking in a recent interview, he said most afrobeat singers only sing about an “amazing time” even though life is

not that way.

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LIZZY ANJORIN: I SLEPT WITH TOYIN ABRAHAM’S HUSBAND, IJEBU, MR LATIN, ODUNLADE ADEKOLA, FEMI ADEBAYO, LERE PAIMO & OTHERS



Lizzy Anjorin

By Bunmi Akintilo

Popular Nollywood actress, Lizzy Anjorin, has revealed that she has slept with Toyin Abraham’s husband (Kolawole Ajeyemi), Femi Adebayo, Lere Paimo, Ijebu, Odunlade Ad-ekola and other actors.

She made this shocking revelation while reacting to Gist-lover’s accusation that she slept with Kolawole Ajeyemi in a viral video. In her reaction, Lizzy,

a mother of one who is married to Lateef Lawal, listed some of the men she had slept with.

In the video, Lizzy Anjorin confirms that she has slept with Toyin Abraham’s husband Kolawole Ajeyemi and added that he is well-known as Awilo in Abeokuta.

She stated further that she slept with Kolawole Ajeyemi and her male colleague, Ijebu on the same day.

While speaking further, Lizzy Anjorin revealed that she has also slept with Femi Adebayo, Sanyeri, Odunlade Adekola, Mr Latin and Lere Paimo.

She stated that she slept with these actors without creating problems between them and their wives.

\$4 MOVIES COMING TO ONTARIO CINEMAS

By N.Ugoh

Ontario residents can still watch some of the summer’s biggest blockbusters and this weekend, cinephiles can watch movies at a reduced price of \$4.

For those that haven’t watched the Barbie movie or Oppenheimer, this weekend might be a good time.

This Sunday, August 27, is the second annual National Cinema Day, as such, the Movie Theatre Association of Canada and the Cinema Foundation will celebrate the day with discounted admissions at participating theatres.

Movies were \$3 in 2022 but the price has gone up to, a still very discounted, \$4 (plus applicable taxes) this year.

Nuria Bronfman, Executive Director, Movie Theatre Asso-

ciation of Canada, said: “Following a record-breaking summer for movie-going, National Cinema Day is the perfect way to close out the season.

“Theatres nationwide are excited to join forces to welcome Canadians into our theatres to experience a day of fun at the movies with their families and friends.”

The one-day event will be at over 3,000 participating locations across North America.

Participating theatres in Canada are Imagine Cinemas, Cineplex, Cinémas Ciné Entreprise, Landmark Cinemas, Magic Lantern Theatres, and many local independent theatres across the provinces.

Check out the full list of participating theatres in Canada by visiting www.nationalcinemaday.ca

GOODBYE CANADIAN ROCKER, ROBBIE ROBERTSON, DIES



Robbie Robertson

Canadian rocker, Robbie Robertson, has died. He died at the age of 80.

Robertson made his breakthrough while performing in what later became Mississauga.

In his 2016 autobiography Testimony, Robertson revealed that he was a teen when his band opened for the legendary Ronnie Hawkins at old Dixie Arena on Dundas St. and Stanfield Rd.

Hawkins, impressed with Robertson’s guitar playing and his ability to write tunes, hired Robertson to become part of his “band.”

“I was only fifteen and Ronnie was playing the Dixie Arena in the west end of Toronto; the band I was in, the Suedes, was opening,” Robinson stated in his book. “We’d

been playing around Toronto for a few months, and opening for Ronnie Hawkins was the biggest thing we’d ever done. After that night, I would look at music in a whole different light.”

Hawkins’ “band” later metamorphosed into The Band.

Robertson and The Band later became backing singers for Bob Dylan but later left Dylan to become successful recording artists on their own. They produced hits like The Weight, The Night They Drove Old Dixie Down, Up On Cripple Creek, and The Shape I’m In and appeared at Woodstock in 1969.

When members of The Band went their separate ways in the 80s, Robertson came back with a self-titled solo album that produced hits Showdown at Big Sky and Somewhere Down the Crazy River.

He later delved into scoring films for Martin Scorsese on Raging Bull, The Color of Money and The King of Comedy.

Robertson was born in Toronto. He died Wednesday at his Los Angeles home after a protracted illness.

JULIUS AGWU REVEALS WHY HIS MARRIAGE FAILED



Julius Agwu

By Stanley Ugagbe

Nigerian comedian, Julius Agwu has averred that his marriage with his ex-wife, Ibiere Maclayton, failed because he did not seek divine guidance before marrying her.

In a recent interview with Punch, the stand-up comedian openly discussed the challenges that led to the collapse of their marriage as well as his battle with a brain tumor.

Agwu disclosed that he did not consult God before marrying Ibiere Maclayton, stressing that their union was marked by financial prosperity but lacked spiritual grounding.

In his words, financial affluence attracted Ibiere to marry him, but when confronted with health challenges, the dynamics shifted, and his ex-wife chose to end the marriage.

He said “I believe that any marriage without God will not last. When I married my wife,

I did not even consult God. Some of us got married when there was so much money, and at that time, practically every girl wanted to be with us. But, after marriage, if anything happens to one, they would say, I don’t want this man again. I suggest that people should consult God first before getting married”.

Harping on his journey to recovery after his failed marriage, Julius said that his first marriage taught him a vital lesson, noting that he might consider getting married again sometime.

He said, “Life is very good and enjoyable now. When that (separation) happened, I was fighting with a lot; thinking about my sickness and my family. I thank God, because I know everything happens for a reason. When there is life, there is hope. But, a time will come when I might reconsider marriage.”

“The truth is that, one’s health comes first. I have been low-key, because I had a brain tumour surgery in 2015 in the United States of America. I thank God that I am alive. Many people who had that type of surgery did not survive it. I believe God loves me because of my good heart towards everyone.”

It could be recalled that in 2022, Julius Agwu confirmed that he is no longer married to his wife, Ibiere Maclayton, revealing that she told him that she was tired of their marriage and had to leave.

GOODBYE SAINT OBI LAID TO REST IN IMO

By N.Ugoh

Late Nollywood actor, Obinna Nwafor, popularly known as Saint Obi, has been buried in his hometown Alaenyi Ogwa, in Imo state. The famous actor died in Jos on May 7, 2023, at the age of 57 years.

Saint Obi was an actor, film producer and director. Obi is renowned for his roles in hit movies like Sakobi, Last Party, Candle Light, Heart of Gold, Fes-

tival of Fire, Executive Crime, State of Emergency, and Goodbye Tomorrow.

Obi studied Theatre Arts at the University of Jos and started acting in 1996 via a Peugeot television commercial that announced him and featured in over 90 movies.

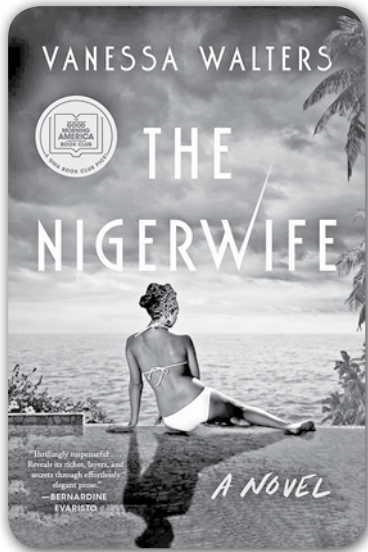
He produced his first movie, “Take Me to Mama,” in 2000, where he starred as Jerry, with Ebi Sam, Rachel Oniga, Nse Abel, and Enebeli Elebuwa.

BOOKS

"Reality doesn't always give us the life that we desire, but we can always find what we desire between the pages of books."

- Adelise M. Cullens

The Nigerwife



By Vanessa Walters

This keenly observant thriller where nothing is as it seems is a razor-sharp look at the bonds of family, the echoing consequences of secrets, and whether we can ever truly outrun our past.

With a handsome husband, a palatial house in the heart of glittering Lagos, Nigeria, and a glamorous group of friends, Nicole Oruwari has the perfect life. She left gloomy London and a dark family past behind for sunny, moneyed Lagos, becoming part of the Nigerwives—a community of foreign women married to wealthy Nigerian men.

However, when Nicole disappears without a trace after a boat trip, the cracks in her so-called perfect life start to show. Real drama started as the investigation turns up nothing but dead ends; her Auntie Claudine decides to take matters into her own hands. Armed with only a cell phone and a plane ticket to 'Nigeria,' she digs into her niece's life and uncovers a hidden side filled with dark secrets, isolation, and even violence. Meanwhile, the more she discovers about her niece, the more Claudine's own buried history threatens to come to light.

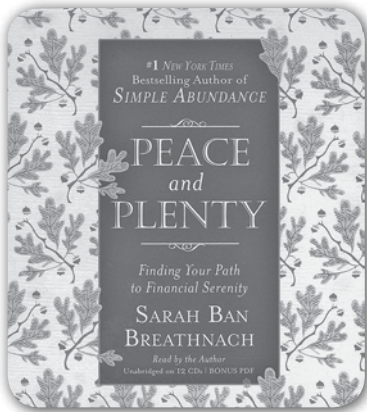
Dawnlands

By Philippa Gregory

Remarkably, from the last battle in the desolate Somerset Levels to the hidden caves on the slave island of Barbados, this third volume of an epic story follows a family from one end of the empire to another, to find a new dawn in a world which is opening up before them with greater rewards and dangers than ever before.

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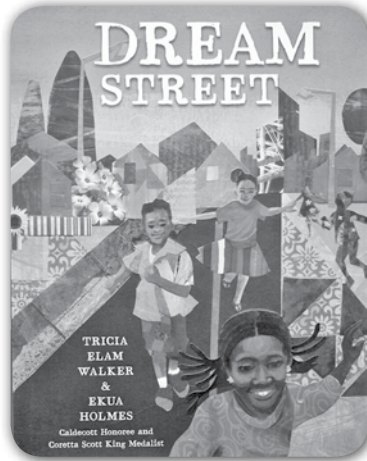
By Sarah Ban Breathnach

This riveting book sheds insight on Sarah Ban Breathnach's answer to the world's—and her own personal—financial crisis. It is a compendium of advice, deeply personal anecdotes, and excerpts from magazines, books, and newspapers—particularly those of the Great Depression—to inspire readers who are mired in today's financial difficulties.

Focusing on her own personal path, Sarah Ban Breathnach relates never-before revealed details about how she fell from the financial top to the bottom. Remarkably, readers will immediately see how deeply she understands the plight of those trying to maintain a happy and comfortable home, while at the same time not even knowing if they will be able to make the mortgage to keep that home.

The author has proven to be the voice of comfort for years to women who are spiri-

Dream Street



By Tricia Elam Walker & Ekuia Holmes

Inspired by the neighborhood where they grew up as cousins, this gorgeous picture book from an award-winning illustrator is laced with joy, hope, and dreams and is the perfect gift or keepsake for every generation.

On Dream Street, love between generations rules, everyone is special, and the warmth of the neighborhood shines.

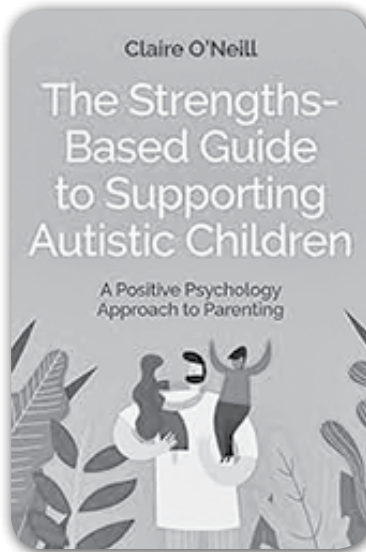
Illuminating this vivid cast of characters are vibrant, joyful illustrations that make this neighborhood-based on the Roxbury neighborhood in Boston where the author and illustrator grew up together as cousins—truly sing. This book is a perfect way for parents to share with their children the importance of community. It is highly recommended.

tually bankrupt, and now she will reach to those who are financially strapped, showing them how to pull themselves out of their psychic and fiscal crises while providing deep comfort and reassurance throughout. This may just be the answers you have been seeking.

the Stuart kings and many families are bitterly divided. Sadly, Ned Ferryman cannot persuade his sister, Alinor, that he is right to return from America with his Pokanoket servant, Rowan, to join the rebel army. Rather, Alinor has been forced by the manipulative Livia to save the queen from the coming siege. The rewards are life-changing: the family could return to their beloved Tidlands, and Alinor could rule where she was once lower than a servant.

Meanwhile, Alinor's son, Rob, is determined to stay

The Strengths-Based Guide to Supporting Autistic Children



By Claire O'Neill

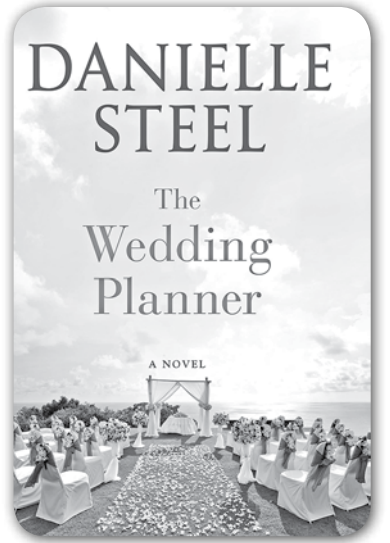
It will introduce you to the strengths-based approach that is helping autistic children and their families to thrive. Hinged on how to identify, develop and use your child's strengths to support them throughout childhood and into adolescence, this transformative approach is here to show you and your child that their unique character-strengths can empower them and shape their future.

The author combines her personal experience as an autistic person and mother to autistic children with her expert knowledge as a professional working with autistic young people to demonstrate the value of a strengths-based approach.

Using step-by-step instructions on how parents and teachers can incorporate this approach easily into family and school life, she also offers a variety of specific tips, tricks and engaging activities to provide ongoing support for parents and teachers alike. This is just what you may have been looking for.

clear of the war, but when he and his nephew set out to free Ned from execution for treason and Rowan from a convict deportation to Barbados, they find themselves soaked in the creation of an imposter Prince of Wales—a surrogate baby to the queen. A book that will open your eyes to many things.

The Wedding Planner



By Danielle Steel

Danielle Steel presents an enchanting story about the winding road to love and the many ways to find joy while staying true to oneself.

An arbiter of taste for elegant affairs, lavish ceremonies, and exclusive fêtes, Faith Ferguson is New York's most in-demand wedding planner. She appreciates a simple celebration as much as a dazzling event, for she knows that a dream wedding is not necessarily the most expensive one.

Though Faith enjoys her work, her two failed engagements leave her with no desire to get married herself. Rather, she finds fulfillment in her close relationship with her twin sister, Hope, her role as a mentor for her assistant, Violet, and her career.

Remarkably, this year, new clients have pitched tents with her, and she signs up an extravagant reception, a mid-sized gathering, and an intimate soirée, in addition to her mother's next marriage and Violet's modest ceremony. She finds herself forming bonds with her new clients and their loved ones—most notably the handsome brother of one of her grooms.

While doing her job, Faith is grappling with private quarrels, unplanned pregnancies, family scandals, dark secrets, and the possibility of cancelled ceremonies. Through her own journey, Faith will prove once and for all that there is not just one path to happily ever after.

SOURCE: AMAZON.COM
BOOKS AVAILABLE AT THE TORONTO & MISSISSAUGA PUBLIC LIBRARIES

YOUTH CORNER

..... Oluchi Ugoh

“YOUR CHILDREN NEED YOUR PRESENCE MORE THAN YOUR PRESENTS”. – JESSE JACKSON



Laugh! Live! Bloom!
**THANK YOU
FOR YOUR
SUPPORT.**

WORD QUIZ

EXAMPLES:

1. How many nations competed in the first ever Eurovision Song Contest?
2. In Roman Numerals how many years is XL?
3. How many months are in 5 years?
4. If you're celebrating your Golden Wedding anniversary, how many years have you been married?
5. How many lifeboats were on board RMS Titanic?
6. How many seconds are in a day?
7. Who wrote the book "A Tale of Two Cities"?
8. How many players are there in a Cricket team?

ANSWERS ON P(25)

WORD PUZZLE

How many CANADIAN provinces and territories can you find in the box below?

Canada

I D Z E O U M E K B G N J W R D T W Y U S Q Y J
O A I Z A A C A N A D A O E G S B U M J I B N N
K Z X W Q Y D T U R L D K Q C G K K V R G A K B
O L J M C T B K B R Z T U C P O F Q D F X G P K
N A B O T I N A M F C E X P N P T E F X B Q O G
H L A W F H A O P B B I Y K Q H V I I Z J W T Q
Y R M T Q C H E W E C K P V Y H L I U K X M D O
S H I S Y N U B C L P S X D X W Q M Q L Q B O A
S A S B B E U X Y R O T I R R E T D N X A L K Y
Z O S E C N I V O R P K E Q J D S Y C F Y Q B F
Y V T K A I B M U L O C H S I T I R B P Z T I O
A I Z E A V T N V N S T P W A F V F P X N C R N
X B S R J T S N E W B R U N S W I C K F J M Q T
C Y R I P R C J Z Y M L M W N O V A S C O T I A
C L O V A O O H U F X H Y H I Y D T B M F D L R
K F R V V H R B E M C F L L N M V D N R Z C E I
O T T A W A Z O D W E G I D A A L M U V A X G O
U J T W U W K T O G A W E X R K I Z T S I V Z K
I N E W F O U N D L A N D C K L N D K U P L M V
D S X J U W Y G W T V A L B E R T A A O K K I Q
Q F W V G M G M Z Y C X I B F D H W O N W U B C
J C F E D Q Q A L K B X X Z H C I Q B S A X H Z
S E I R O T I R R E T T S E W H T R O N V C I Z
U S M D N A L S I D R A W D E E C N I R P Z F K

- | | | |
|----------------------|------------------|-----------------------|
| Alberta | British Columbia | Canada |
| Canadian | Iqaluit | Manitoba |
| New Brunswick | Newfoundland | Northwest Territories |
| Nova Scotia | Ontario | Ottawa |
| Prince Edward Island | Province | Quebec |
| Saskatchewan | Territory | Yukon |

ANSWERS ON P(25)

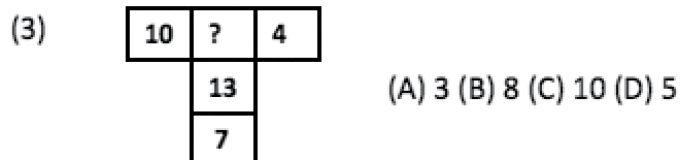
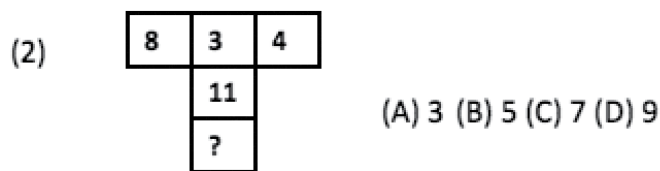
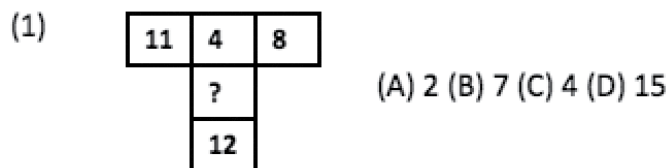
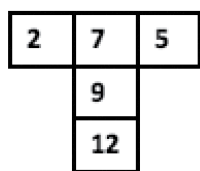
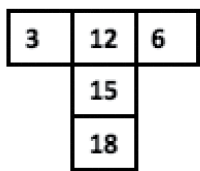
QUANTITATIVE REASONING

WHAT NUMBER

REPLACES

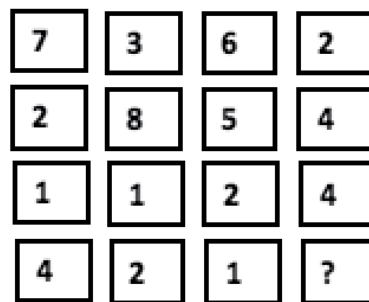
THE QUESTION MARK?

SAMPLES:



ANSWERS ON P(25)

What number replaces the question mark?



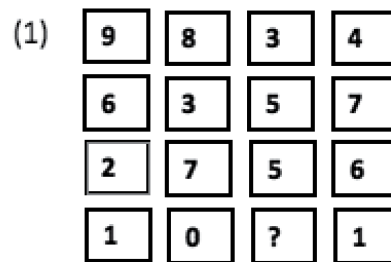
(A) 4 (B) 7 (C) 9 (D) 11

ANSWERS ON P(25)

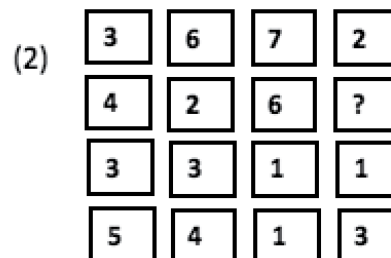
Explanation:

Working in columns, the sum of the numbers in each column is always equal

Use the above to solve the following.



(A) 4 (B) 5 (C) 3 (D) 9



(a) 3 (b) 6 (c) 8 (d) 9

ANSWERS ON P(25)

INTERNATIONAL NEWS

BRITISH COUNCIL INCREASES IELTS FEE



By N.Ugoh

British Council has announced its decision to revise the fees for the Academic and General Training Modules of the International English Language Testing System (IELTS) examinations for candidates in Nigeria, starting September 2023.

The revised fees will be N107,500 for IELTS Academic and General Training Modules, and N116,000 for the UK Visas and Immigration variant.

Also, the fee for Life Skills assessments will be N104,000.

IELTS remains a requirement for individuals all over the world aspiring

to pursue work or educational opportunities in the United Kingdom, Canada and other countries.

The present cost of the examination in Nigeria ranges between N80,000 and N90,000, a figure that highly surpasses the country's minimum wage of N30,000.

Officials of British Council have justified the fee adjustment, highlighting the importance of upholding the benchmark of excellence associated with the testing experience.

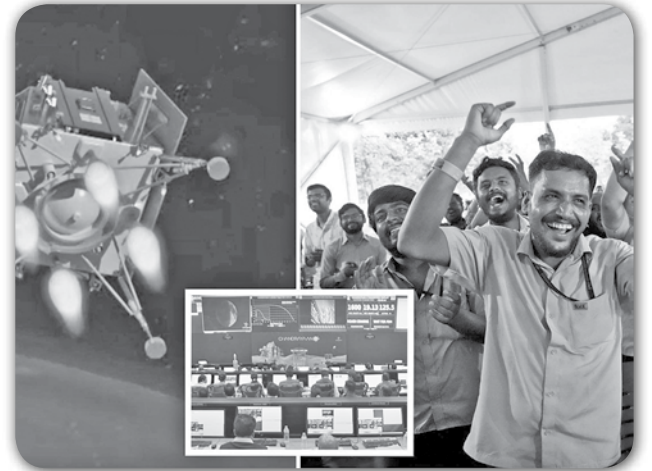
In a message written to test takers, the British

Council said: "Dear valued Test Taker, We would like to inform you that effective from September 1, 2023, there will be a price increase for IELTS tests offered by the British Council.

"The new prices will be NGN 107,500 for IELTS Academic and IELTS General Training, NGN 116,000 for UK Visas and Immigration, and NGN 104,000 for Life Skills.

"The new prices are necessary to sustain the high quality of standards for your testing experience."

History as India becomes first country to successfully land spacecraft on moon's south pole



By Stanley Ugagbe

In a record making feat that has formed a major debacle in the comity of nations, India has become the first country to successfully land a spacecraft on the moon's south pole.

According to reports, Chandrayaan-3 had aimed to become the first spacecraft to touch down in a region of the lunar surface thought to contain deep craters with water ice.

Remarkably, it touched down six weeks after launching on board a rocket from a spaceport in Andhra Pradesh.

Local reports have it that the successful landing was met with cheers and applause from mission control at Satish Dhawan Space Centre.

Prime Minister Narendra Modi joined a conference call at the space centre to watch the landing, waving a small Indian flag as the spacecraft landed.

In his triumphant speech to the Indian Space Research Organisation (ISRO), Modi said: "This is the heartbeat of 1.4 billion people. This is the new India, the new beginning, the new thinking of the new efforts."

"This is a feature of the shine of India - we made a promise and we made it true on the surface of the moon.

"This is an historic moment, and for every In-

Bank that he described as a "priority to us".

"This is why I am pleased to announce today that CAF will participate as a financier, an investor, up to US\$50 million matching Barbados financial effort in this important initiative for...the blue economy".

According to Diaz-Granados, the CAF would continue to support the

dian, we are all very proud."

Turning his attention to the wider world, he said: "India's successful moon mission is not just India's alone. We can all aspire for the moon and beyond."

According to the PM, India will now look into a future human flight mission to the moon.

Thousands of people across India crowded in offices, shops, homes and restaurants eagerly waiting to witness the outcome of the mission.

Official reports have it that in view of the successful landing, Chandrayaan-3 will only remain functional for two weeks, during which it will run a series of experiments to determine the mineral composition of the moon's surface.

It was stated that much of the work will be done by a rover, which will be deployed by the spacecraft's two-metre-high lander.

It is germane to note that scientists have a particular interest in water ice, as it could be used for fuel, oxygen, and drinking water - with the mission laying the groundwork for a potential permanent base.

Records have it that India's landing follows Russia's failed attempt, after their Luna-25 spacecraft crashed into the moon.

It could also be recalled that previous attempts by India failed, with the south pole's rough terrain making landings difficult.

VIOLENCE AGAINST WOMEN AND GIRLS WORRIES BAHAMAS PM



The Prime Minister of The Bahamas, Philip "Brave" Davis

By Stanley Ugagbe

The Prime Minister of The Bahamas, Philip "Brave" Davis has maintained his stance that the level of violence against women and girls in the nation remains unacceptable.

The PM made the remark to a crowded Atlantis ballroom during the opening of the 13th Commonwealth Women's Affairs Ministers Meeting.

He said "We can't stop working on this issue until women are safe everywhere - whether they are walking alone at night, in their workplaces and schools, or at home with loved ones".

According to police, there has been an uptick in the number of reported rapes and sexual assaults of women and girls this year.

It was gathered that the meeting, hosted by The Bahamas, will serve as a "decision-making body for Commonwealth women's affairs ministers to review progress made towards achieving four Commonwealth priorities for gender equality and women's empowerment".

Official records have it that the priorities include women in leadership; women's economic empowerment; ending violence against women

and girls; and gender and climate issues.

In his speech, Davis highlighted his government's efforts to tackle a variety of issues affecting women in The Bahamas, mainly gender-based violence.

He said "My administration has sought to address the social and systemic factors contributing to violence against women and girls through increased funding to construct a new women's shelter and to provide legal aid for survivors of domestic violence through social services and the Office of the Judiciary".

"We have also made meaningful progress in protecting survivors of domestic abuse and sexual violence through the recently passed Protection Against Violence Act, which establishes and protects the rights of vic-

tims, allows for the allocation of more resources, and focuses on sensitization and training within the police force and other organizations that work directly with survivors."

Women's groups in The Bahamas were critical of the Protection Against Violence Act, noting that it was not the Gender-Based Violence Bill that they worked on "for over a decade".

According to the concerned PM, it is critical that "we constantly evaluate how different issues affect members of our population differently, and make sure we are designing policies that are effective for all".

"The time is now for our Commonwealth community to be unabashedly ambitious in our goals and plans. We need more than slogans - we need commitments," he said.

CAF moves to expand operations into the Caribbean region

By Stanley Ugagbe

The Development Bank of Latin America and the Caribbean (CAF) has disclosed that it plans to expand its operations into the Caribbean that it says highlights its relationship and commitment with the Caribbean region.

The Executive President of CAF, Sergio Díaz-Granados, who disclosed this while speaking at the launch of the Report on Economics and Development (RED), entitled "Inherited Inequalities: The Role of Skills, Employment and Wealth in the Opportunities of New Generations," said the relationship would extend beyond the current shareholder countries

of Barbados, Trinidad and Tobago and Jamaica.

While noting that the Venezuela-based CAF is the main development partner for Trinidad and Tobago with a portfolio estimated at nearly one billion US dollars, Sergio said "We are also reaching out to the rest of CARICOM (Caribbean Community) to bring them into our CAF family".

"We plan to deepen our work there and expand across the region complementing the work of the Caribbean Development Bank, the IDB (Inter American Development Bank) and the other partner institutions.

"The objective is to address the financial needs of our stakeholders as best as

possible, facilitating progress and improved quality of life for all Caribbean people... through concrete action".

Recall that last November, Diaz-Granados said the CAF launched its regional office for the Caribbean in Port of Spain and "we are working on setting up an office for Barbados and the Eastern Caribbean islands.

"Within the framework of CARICOM we have held meetings with prime ministers and finance ministers of the countries to learn more of their needs and development priorities as well as to respond to the growing interest in joining CAF as shareholders."

Diaz-Granados revealed that in March this

year, CAF for the first time, approved a non-reimbursable technical assistance facility to provide dedicated support to CARICOM countries that are not yet members of the development bank.

"This is because bringing the Caribbean closer to CAF is a priority. We are committed to doing our part to channel...resources to our shareholder countries, protect Caribbean citizens from hurricanes, flu and drugs (and) to preserve natural capital".

The president stated that the CAF would also be playing a role in mobilizing financing to help in the resilience of the entire region through institutions such as the Barbados-led Blue Green

JACOB ZUMA LEAVES PRISON

By Stanley Ugagbe

The embattled South Africa's former president Jacob Zuma has been released from prison, in a move that the Correctional Services national commissioner said was part of a remission program aiming to address prison overcrowding.

Defending their decision, authorities and correctional services said "The law has taken its course with regards to the former president Zuma. The national commissioner has taken a decision and that decision was not interfered with, neither did we meddle with it."

The Justice and Correctional Services minister Lamola said the former leader immediately benefited from a remission of non-violent offenders approved by President Ramaphosa.

Makhothi Thobakgale, correctional services commissioner said under the remissions process authorized by President Cyril Ramaphosa, almost 9,500 inmates will be released from prison and placed under correctional supervision.

Recall that Zuma was jailed in 2021 for defying a Constitutional Court order to appear before a commission of inquiry investigating allegations of corruption during his tenure as president from 2009 to 2018.

He was released on medical parole two months into his 15-month sentence but had been sent back.

Reports had it that the then correctional services



Jacob Zuma

commissioner Arthur Fraser, a known ally of the former president, authorized Zuma's release on medical parole.

The Jacob Zuma Foundation has argued that Zuma served his sentence as he was under correctional supervision while on medical parole.

The Department of Correctional Services said last year that Zuma had been released from its system after serving his sentence.

The former leader's incarceration had sparked violent riots in KwaZulu-Natal and property destruction in the province and in the Gauteng province, which includes the economic hub Johannesburg.

According to official government figures, 354 people died during the chaos as police struggled to quell the spread of the violence and destruction.

The decision to return Zuma to prison followed a Supreme Court of Appeal judgment that upheld a Gauteng High Court ruling that releasing him from jail on medical parole in 2021 was unlawful and unconstitutional.

The Department of Correctional Services said last year that Zuma had been released from its system after serving his sentence.

Meanwhile, Zuma denied all corruption allegations.

lines of action covering all the countries of Latin America and the Caribbean.

"It is important to know that CAF is more than a bank. It is an institution... that amplifies the voice of the region, a platform that is putting the interest of the region at the center of the global conversation..."

"CAF is committed to promoting sustainable development and ...inclusive growth," he said, noting that 40 per cent of its approvals by 2026 "will be green and blue".

The president further stated that the reason for the presence of CAF in Barbados is for the presentation of the RED report, its annual flag ship on the economy development produced over the last 20 years.

CAF has noted that Latin America and the Caribbean is one of the most unequal regions in the world and that this inequality is not only high but also highly persistent.

"Despite the many advances achieved in different indicators of economic and social development in recent decades, the challenge of

achieving a better distribution of income, wealth, and educational and employment opportunities in the region persists.

"In this edition of the Report on Economic Development (RED), we analyze the main barriers that, over time, have perpetuated differences in the conditions of origin (social, educational, ethnic, and geographical, among others). areas of public policy to improve social mobility in the region: leveling conditions in the formation of human capital, improving the functioning of labour markets," CAF noted.

According to Díaz-Granados, CAF is aware that it needs more data to target more policy making and development interventions, describing it "as one of the biggest challenges we face in our work at CAF with the countries of the region.

He added that "We plan to strengthen the data and the analysis for the Caribbean in future reports and look forward to working closely with the key partners such as the University of the West Indies".

Former British PM William Gladstone's family apologises for Guyana slave-owning past

By Stanley Ugagbe

Former British Prime Minister William Gladstone's descendants have apologised for their family's slaveholding past in Guyana, and urged the United Kingdom to discuss reparations in the Caribbean.

Records have it that Gladstone's father was one of the largest slaveholders in the parts of the Caribbean colonised by Britain.

It was also stated that John Gladstone is believed to have owned two ships that transported thousands of Asians from India and elsewhere to work as indentured laborers after the abolition of slavery in 1834.

At a launch for the University of Guyana's International Centre for the Study of Migration and Diaspora, Charles Gladstone, William's great-great grandson said "Slavery was a crime against humanity and its damaging impact continues to be felt across the world today".

He added that "It is



William Gladstone

with deep shame and regret that we acknowledge our ancestor's involvement in this crime and with heartfelt sincerity that we apologise to the descendants of the enslaved in Guyana".

"We also urge other descendants of those who benefited from slavery to open conversations about their ancestors' crimes and what they might be able to do to build a better future."

The Gladstones also apologised for their role in indentureship.

However, local reports said his words were met with a strong rebuke by several Guyanese descendants of African slaves present at

the university lecture hall.

"It is not accepted," one of them shouted. The protesters held placards that read: "Your guilt is real Charlie. Move quickly to reparations now," and "The Gladstones are murderers."

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U.S approves oral pill for postpartum depression for first time



By Stanley Ugagbe

The United States' Food and Drug Administration (FDA) has approved Biogen (BIIB.O) and Sage Therapeutics' (SAGE.O) oral pill to treat postpartum depression (PPD) in adults.

Recall that the companies had sought the FDA's approval for the drug, Zurzuvae, to treat major depressive disorder

(MDD), or clinical depression, as well as postpartum depression, which affect millions of people.

According to experts, PPD severely affects a woman's ability to return to normal functioning, while also potentially affecting the mother's relationship with her child.

Sage Therapeutics and Biogen said in a statement "Zurzuvae is expected to launch and be commercially available in the fourth quarter of 2023 shortly following scheduling as a controlled substance by the U.S. Drug Enforcement Administration, which is anticipated

to occur within 90 days".

According to the statement, the FDA issued a Complete Response Letter for the New Drug Application for Zurzuvae in the treatment of adults with MDD. The letter said the application did not provide substantial evidence of the effectiveness of Zurzuvae for treating of MDD and that additional studies would be needed to support the approval.

Sage and Biogen said they were reviewing the feedback and evaluating next steps.

Analysts have anticipated that the stocks of both companies would fall

if the drug was approved only for postpartum depression, due to the smaller patient population.

Recall that before now, the FDA said treatment for postpartum depression was available only as an intravenous injection.

It could also be recalled that in 2021, an estimated 21 million adults in the United States had at least one episode of major depressive disorder, which is characterized by a persistent feeling of sadness. Official records have it that PPD affects around one in seven women who give birth.

Teacher loses job after complaining about her sister dating white man

By N.Ugoh

A teacher in an elementary school in Texas, USA has been laid off after tweeting "racist" statements on social media which included complaints about her sister dating a white man.

In a recent statement, the Mesquite Independent School District said the teacher, who is black, was no longer with the school after officials became aware of "alarming, racist" posts she tweeted.

The school system said: "As of this morning,

the employee is no longer a part of the Mesquite ISD organization and is not eligible for rehire.

"Nevertheless, the highly offensive statements posted to her X account do not reflect the values and standards of Mesquite ISD, and the district condemns them in the strongest terms."

The school added officials can't say more because it's a personnel matter.

According to posts reviewed by the Dallas Morning News, the teacher reacted by saying she was upset her sister was dating

a white man and joked that she asked her boyfriend to kill him.

In a post, she reportedly wrote: "I enjoy being a racist. I'm never changing."

The newspaper reported that she used derogatory words for white people in other posts.

The teacher, whose Twitter handle is Claire Kyle, has deleted her account from the social media platform.

The teacher described herself as a "Black Supremacist" in her social media account bio and stated that her job knew about the posts be-

fore she was employed.

The teacher said: "Yes. Y'all have found my job. They told me to delete the post but my job is safe since I did not directly wish harm on ALL white people.

"They laughed and told me to watch what I say and I'll be good to go!"

According to Dallas Morning News, the teacher taught third grade for three years at Thompson Elementary School and taught at the district for four years.

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SPORTS

LEPAGE BECOMES FIRST CANADIAN TO WIN MEN'S WORLD DECATHLON TITLE



Pierce LePage and Damian Warner

By Stanley Ugagbe

The duo of Canada's Pierce LePage and Damian Warner claimed gold and silver, respectively, in the men's decathlon at the World Athletics Championships.

According to official records, LePage of Whitby, Ontario, finished with a personal-best and world-leading 8909 points to win his first world title, upgrading on his silver from last year's worlds. Recall that his previous personal best was 8701 in that silver-medal effort.

Remarkably, the 27-year-old LePage is also the first Canadian to win the men's world de-

cathlon title.

On the other hand, Warner of London, Ontario, finished with a season-best 8804 points to place ahead of Grenada's Lindon Victor, who took bronze with a national record of 8756 points.

It was noted that Warner, the reigning Olympic champion suffered a hamstring injury in the fifth event, the 400 metres, while being the leader through four events at last year's worlds.

Records have it that the 33-year-old has won Olympic gold and world indoors gold but hasn't reached the summit at outdoor worlds in the event.

David Beckham reacts to claims that Inter Miami's recent wins are a 'fix' after signing Messi, Sergio Busquets and Jordi Alba



By NCNC Staff

Football legend and owner of Inter Miami, David Beckham has reiterated that those suggesting that the club's recent wins are a 'fix' are giving them the 'biggest compliment that anyone can give'.

Inter Miami were

two goals down before beating FC Cincinnati on penalties to reach the US Open Cup final after Lionel Messi produced a stunning assist in the 97th minute to take the game to extra-time.

This came days after the former Barcelona trio of Messi, Sergio Busquets, and Jordi Alba,

NIGERIAN MEN HEARTBROKEN AS ALOZIE REVEALS HER CRUSH

By Stanley Ugagbe

Nigerian Super Falcons and Houston Dash defender, Michelle Alozie, has left thousands of Nigerian men heartbroken after she revealed who she is crushing on, dashing the hopes of those who have been seeking avenues to express their love for her.

Recall that Alozie came to limelight at the 2023 FIFA Women's World Cup in Australia and New Zealand following her heroic exploits.

In view of her stellar performance at the world cup where Nigeria crashed out in the hands of England in the round of 16, Alozie, who has been mostly described as "beautiful", won the hearts of many Nigerian men as they took to social media to express their admiration for her.

Dashing the hopes of her admirers, Alozie, in a recent virtual interview with Pulse, disclosed that she is crushing on Super Eagles star, Alex Iwobi.

In the interview, the host asked "Just as we've got some tempting, beautiful, good-looking ladies in the national team, we've got same thing when it comes to the Super Eagles of Nige-

helped Inter Miami to their first-ever trophy, winning the Leagues Cup after defeating SC Nashville on penalties.

After their victory over Nashville, Beckham responded to 'fix' claims when a reporter disclosed that their recent matches appeared to be scripted.

Beckham said: "Every time Leo [Messi] scores one of these goals, every time Busi [Sergio Busquets] makes one of these passes, every time

ria. Have you got any crush among those players?"

She replied "I'll say Alex Iwobi".

Aliozie's swift response during the interview caught the attention of fans, sparking a wave of reactions on social media.

Below are some of the reactions on social media:

@frobematicchild wrote, "The swiftness in her response, Michelle Alozie has broken plenty of people's hearts now."

@uthredofmercia commented, "With the thunderbolt speed she used to answer that question, something must have been cooking behind the scenes. I don't trust this girl; she's too fine, abeg!"

@KallMeFrank said "That's why I no de like love of a thing she don finally serve me breakfast"

@_only1moo did not hold back his feelings when he wrote: "She broke my heart"

On his part, @Emmanue76875319 commented "Women go stain ur white see person way I love with all my heart"

Apparently heartbroken, @iDANIelsZN FOK! wrote "I NEED TO MAKE THIS MON-EY SHA"

@effzzzyy noted that "Women will shame you, after everything i did for this woman !"

Jordi [Alba] makes one of these runs, people say 'Is it a fix?'

"It's the biggest compliment that anyone can give these players because it is like a movie.

"You watch these players play and it's emotional because everything about their play is beautiful. Everything about their mannerisms is beautiful and everything about them as individuals, off the pitch, is beautiful."

AMUSAN FINISHES 6TH IN WOMEN'S 100M HURDLES FINAL



Tobi Amusan

By N.Ugoh

Defending champion Tobi Amusan did not retain her World Athletics Championship title after finishing sixth in the 100m Hurdles final in Budapest.

Amusan, who made it to the Championship after a controversy around a drug test ended in her favour, fell short in the title defence as she finished in 12.62 seconds.

Jamaica's Danielle Williams emerged as

the new world women's 100m hurdles champion with a season's best 12.43 seconds.

Jasmine Camacho-Quinn won silver in 12.44 seconds while Keni Harrison clinched bronze in 12.46 seconds.

Amusan scaled through the Heat before qualifying for the final after a good run in the semifinals.

The ongoing championship will end on August 27 but Team Nigeria is yet to bag any medal so far.

Zango becomes first athlete from Burkina Faso to be crowned World Champion

By Stanley Ugagbe

Burkina Faso athlete who specializes in the triple jump and the long jump, Hugues-Fabrice Zango, has become the reigning world champion, winning the gold medal in the triple jump at the 2023 World Championships Budapest.

The sensational Zango who is an Olympic bronze medallist in Tokyo, took the gold ahead of Cubans, Lazaro Martinez, silver medallist and Cristian Napoles.

In a post victory speech, he said "It's just amazing. I'm really happy with this medal because I dreamed about it four years ago, in 2019, and it was hard to get it, and I passed by bronze, silver, and now gold, so I'm really happy with the progression, and I'm sure that next time will be even better".

In view of the development, Zango who is world vice-champion

in 2022 in Eugene and third in Doha in 2019, becomes the first athlete from Burkina Faso to be crowned World Champion.

"Inevitably, we have a lot more pressure because we still carry the dreams of many people, whether from Africa, or Burkina Faso as well and, I am so glad to be an ambassador of Burkina Faso, that is still going through difficult times at the moment and so, considering all that, it weighs a bit on our actions. Today, it was not easy and when we saw a bit how the competition was going, my coach just told me to relax, 'relax, you know how to do 17.60 meters, you do it all the time during practice, just do it again,'" added Zango.

It is germane to note that Hugues Fabrice Zango also holds the men's indoor triple jump world record at 18.07 m, completed in 2021, wiping the slate clean of all previous attempts.

CAMBAGE DENIES CALLING D'TIGRESS MONKEYS



Liz Cabbage

By Stanley Ugagbe

31-year-old London 2012 Olympic bronze medalist Liz Cabbage has denied using a racial slur against Nigerian players in a pre-Olympics warm up game in 2021, expressing her desire to represent the African giant at Paris 2024.

It could be recalled that the Australian, who is also a Commonwealth Games champion, pulled out of the Opals' Tokyo 2020 tournament citing mental health reasons after allegedly elbowing a Nigerian player and calling the team "monkeys".

In a chat with newsmen, the former Women's National Basketball Association star said she is "filing" to leave the Australian team to "represent Nigeria".

"Why does Nigeria want me to leave Australia and go and represent them? We're filing for me to leave the Australian team, so I can represent Nigeria.

"I've been in cahoots, I've been talking to them since all of this happened. This is what I mean, people don't know the truth."

She also claimed that the Opals are using her as a "scape-

goat" after new footage emerged of her elbowing Victoria Ma-caulay of Nigeria two years ago.

In a bid to clear herself of the buzzing claims, she took to social media to state her version of the event.

In a post on X, formerly known as Twitter, she wrote "The circulating video portrays a highly physical game with no officiating, resulting in me being attacked and sustaining a concussion".

"Contrary to false claims, I did not use racial slurs or refer to anyone as a monkey, which is evident from the footage.

"To set the record straight, I never stated that I had officially joined the Nigerian national team. Instead, I expressed my interest in joining the team and representing Nigeria.

"I had discussions with staff members about the necessary steps to become eligible, and thought I was doing them.

"I extend my best wishes to all players on D'Tigress."

Reacting to Cabbage's comments, Nigeria's Promise Amukamara said "she called us monkeys and told us to go back to our country".

On her part, Sarah Ogoke said "Cabbage spewed racist profani-

Nia Long files for full custody of 11-year-old son with NBA coach Ime Udoka



By N.Ugoh

Famous American actress, Nia Long, has asked a judge to grant her full custody of her 11-year-old son with her ex-husband, Ime Udoka, after his infidelity scandal.

According to documents obtained by The Blast, Long wants a Los Angeles County Court to grant sole physical and legal custody of her child, Kez, to her and grant Udoka visitation.

The legal case, filed by Samantha Spector, is a petition to "determine a parental relationship" since the duo were never married. Long is also asking all attorney fees for the case be paid by Udoka.

After their breakup, Udoka was terminated from the Boston Celtics for violating the franchise's code

ties against us during our scrimmage".

Meanwhile, Nigeria Basketball Federation vice-president Babs Ogunade has denied claims that the former Opal is in talks with the national team.

"I don't know who she's talking to," Ogunade told ESPN.

Having not played for Australia since the incident in 2021, Cabbage also accused Australian teammates and coaches for creating problems.

"I've said it constantly. I've dealt with teammates with 'blackface', I've dealt with coaches lying, coaches pushing other athletes to talk badly

of conduct for allegedly having an "intimate and conceptual relationship with a female member of the Celtic's staff. At the time, Udoka issued a statement apologizing to his family and team for "letting them down."

Recently, Long opened up about how Udoka's affair was "devastating" for their son. While talking to The Hollywood Reporter, she said: "He still has moments where it's not easy for him. I think the most heartbreaking thing about all of this was seeing my son's face when the Boston Celtics organization decided to make a very private situation public.

"No one from the Celtics organization has even called to see if I'm OK, to see if my children are OK. It's very disappointing."

about me in the media. There's been a lot," she told newsmen.

She continued that "I really hope Australia releases me and FIBA allows it because my fans miss me playing".

"I would love to do another Olympics. Paris would be fab... My last Olympics was hideous. Rio Olympics was horrible. The Rio Olympics was one of the worst times of my life, and that's a reflection of the coaching staff and the team." However, multiple reports have it that Australian coach Sandy Brondello has confirmed that Cabbage will not be considered for Paris 2024.

MY SON MUST REPRESENT TENNIS JAMAICA, PRESIDENT OZAR REFUSES TO BOW TO BICKNELL



John Azar

By Stanley Ugagbe

The president of Tennis Jamaica, John Azar has remained resolute with the body's decision to send his son to represent Jamaica at the upcoming Davis Cup Group Two tie against Lebanon, a decision being bashed by the island's top-ranked player, Blaise Bicknell.

In a press conference, Ozar disclosed that his lawyers are currently scrutinising comments made by Bicknell for defamation, and resolutely indicated that Tennis Jamaica would not bow to threats of Bicknell to stop playing for Jamaica in the future if the selection process is not changed.

He said "The Tennis Jamaica executive, board, and members of the Davis Cup panel stand united in making the following very clear: Tennis Jamaica does not give in to threats or ultimatums, regardless of where those threats and ultimatums emanate. Tennis Jamaica is not begging any player to represent the country.

"It's perhaps one of the greatest honours for any athlete to do so, and anyone who chooses not to represent Jamaica, especially when it's about decisions made transparently, fairly and within the rules, will have their wishes respected without apology and without our looking back," Azar said.

Multiple reports have it that Bicknell and Azar have been at loggerheads recently, with several letters being exchanged regarding the selection process that

included the latter's son, Daniel, to be automatically chosen as a member of the Davis Cup team.

In his summation, Bicknell argued that Daniel lacks the credentials to be an automatic team member and that other players on the island, including his brother Jacob, should be in with a shot to make Jamaica more competitive.

However, Azar said the selection process was fair and transparent, with the criteria established after he took over the presidency in 2019. The fingered President said the selection was first executed by a Davis Cup committee comprising captain Mel Spence, coach Noel Rutherford, and manager Errol Campbell.

Azar noted that "Each of these highly esteemed gentlemen independently came up with four names that they felt ought to be automatically placed on our team, in keeping with our criteria".

According to him, the selections were then scrutinised by the seven-member Tennis Jamaica technical committee, which upheld the decisions, which were then ratified by the body's board. Azar said his wife and himself recused themselves from the voting process.

He further revealed that the process was outlined to Bicknell at a meeting on August 9, with the player seemingly accepting the explanation but he, subsequently, still sent a letter to the association on August 20 with the "thinly veiled threat".

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RELIGION

Fountain Of Life Church Founder, Pastor Taiwo Odukoya, Is Dead

By N.Ugoh

Pastor Taiwo Odukoya, 67, died in the United States, according to the church's Instagram platform.

"The Fountain of Life

Church family, in total submission to the will of God Almighty, announces the passing unto greater glory of our father, our teacher, a great servant of the Most High God, Pastor Daniel Taiwo Odukoya, Founding Pastor of the Fountain of

Life Church, who passed unto glory on the 7th of August 2023 in the USA," the statement read.

At the time his demise was made public, the cause of death was unknown. However, the clergy's life has been tu-

multuous after the loss of his second wife, Nomthi Rosemary, and twin sister, Kehinde Hassan, to cancer in 2021.

In 1994, Mr. Odukoya established his church, where he served as the leader until his pass-

ing. During his tenure, the church actively engaged in community participation. This commitment led to the inception of various outreach endeavors, such as a hospital, an orphanage, a school catering to underprivileged children,

a farm, a water initiative that installed boreholes in crucial areas to provide clean and drinkable water for those lacking access, and an institute dedicated to fostering skills and entrepreneurship among the less fortunate.

Rescued Chibok girl reveals she wants to reunite with Boko Haram husband

By N.Ugoh

27-year-old Mary Nkeki, who was recently rescued by troops of Operation Hadin Kai Theatre Command, has stated that she was married to Adam, a repentant Boko Haram terrorist.

Nkeki was rescued

by troops of the 81 Task Force Battalion at Dikwa during an operation into Boko Haram's enclave.

According to Major Gen. Gold Chibuisi, the Theater Commander, Operation Hadin Kai, Nkeki "is number 55 on the list of the abducted Chibok girls.

While talking further, he said: "While in



Mary Nkeki

captivity she was forcefully married to one Adam, a Boko Haram terrorist.

"Since her rescue, she has undergone thorough medical examination in our medical facility. Equally, she has been adequately resuscitated and will be handed over to Borno state."

During an interview with journalists, after she was handed over to the Borno State

Ministry for Women Affairs officials, Nkeki said that she gave birth to two female children for Adam, who later died.

When asked if she would get married, she said: "I already have a husband. I am married to Adam. We fled from captivity together."

According to Nkeki, she and her husband,

Adam, repented from insurgency, fled the terrorists' enclave at the Dikwa axis and reached a point where the troops rescued both of them.

Since their rescue, she was separated from Adam, who was taken to the repentant insurgents' camp. She is the 16th girl rescued by troops in recent months.

How will God describe you?

Pastor Amos Dada PhD; P. Eng.

"Then the Lord asked Satan, Have you noticed my servant Job? He is the finest man in all the earth - a man of complete integrity. He fears God and will have nothing to do with evil. And he has maintained himself his integrity, even though you persuaded me to harm him without cause." Job 2:3

Hmmmm, have you ever thought of that, that God has a way of describing people? You should. He said concerning Noah - he was a perfect man in his generation - Gen 6:9

He said Abraham was his friend Gen 18:17

He called Moses the meekest man on earth - He called David - A man after his heart -

He called Jesus His begotten Son, in

whom He is well pleased. Now he calls Job a man of integrity!

Recently, Christ Apostolic Church North America Bible Institute at their 2023 convention in the USA had a graduation ceremony for the class of 2023 Deacons, Deaconesses and Evangelists. The class captain of the Evangelists in her presentation to the faculty staff described the Registrar, Pastor Joseph Olawale as "very gentle"

My humble self-served as the Dean on the Faculty board, she had other great words to describe me, excluding "gentle" hence I protested loudly - "does that me I am

not gentle?" It caught my attention!

How will God describe you? What are the parameters God uses to make final decision as to enable him describe humans to the world?

But before we get to the details of what

God uses to describe us, it is important we mention what God will not use to describe us - Appearance.

We were told Samuel was directed by God to choose a king from Jesse's children. Samuel wanted to make Eliab, Abinadab or Shammah king, but God corrected him. I don't choose people by appearance! 1 Sam 16:7

That is why it is appalling how much attention we pay to our body these days. Two major thriving businesses in our days are cosmetics and fitness. Men are crazy about body building, women are crazy about facial appearance, cosmetics. God directed Samuel to choose David that has no bodily appeal.

How will God decide how to describe you? Two ways came to my mind.

1. Your attitude to people
2. Your heart, your motive.

Firstly - attitude - the way you behave, your character, mannerism, idiosyncrasies the way you relate - what in our time is called emotional intelligence. Some years ago, I took a course

in Leadership Development at Tyndale University in Toronto. One of our assignments was to watch a video of

Daniel Coleman, a man considered to be an expert on the subject of emotional intelligence. Talking to the employees of Google, he alluded to the fact that high IQ got them the job which

has become a common denominator for them but what will determine their progress going forward will be their EI. Your attitude does not just determine how far you go in life and what you get from life, but how God describes you that is where you will spend eternity. Because men are God's method, you cannot claim you love God and hate people!

Secondly: Motive - Though usually hidden to man but well known to God, our motive determines how God will describe and recommend us. Of course there are genuine and ulterior motives. While ulterior motives is evil, pretentious, hypocritical and psychopathic, genuine motive is the basis for integrity, holiness, and righteous living. That is why God was emphasizing Job's integrity. Satan wanted to prove that Job was serving God based on God's favourable disposition to him. Prospered, protected and gave him good health. God said no, Job loves me genuinely beyond those things - that is what he called

-integrity - wholeness!

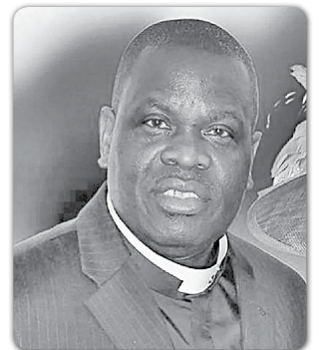
Since that class captain described the other pastor as gentle and did not include

it in mine, I went to study what is gentility. I have begun to work on that area of my life!

God says repeatedly, Job was a man of integrity who shuns evil deeds. The world is hurting because of lack of integrity and more importantly our evil deeds, and wickedness to one another. Have people used negative words (loquacious, talkative, corrupt, greedy, hateful etc.) to describe you and you think it does not matter? Don't ignore it. I was invited to preach in a church, I stayed in the room of one of the Pastor's children. That child wrote in her open di-

ary, "my parents have no idea of who I am. They think I am that nice child singing in the choir." Your parents, pastor, guardian, boss, colleagues, classmates, alumni, associates, partners, church members, may not know your identity, but you know and God knows!

Conclusion: What the Holy Spirit wants us to learn today is that it is not too late for you to decide and live the way you want God to describe you. What will matter at the end of the day is not how men but how God will describe you: "And then will I profess unto them, I never knew you: depart from me, ye that work iniquity." Matt 7:23 "And whosoever was not found written in the book of life was cast




Pastor Amos Dele Dada into the lake of fire" Rev 20:15.

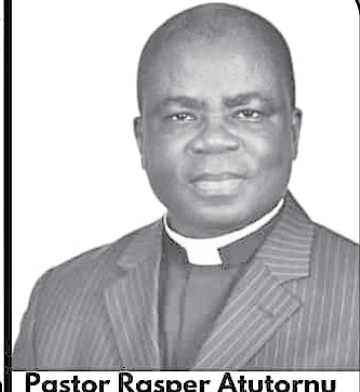
May you and I have positive review and description from our Heavenly Father.

O taste and see that the Lord is good. (Psalm 34:8). I have tasted and found that the Lord is good. I do testify that the Lord is good. Join me to taste him.

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**AN ERITREAN FESTIVAL IN TORONTO
TURNED VIOLENT – PAGE 7**

seeking refuge, are concerned that a festival connected to the oppressive regime will trigger painful memories. They see the ruling party celebrating itself and spreading propaganda while raising funds, compounding their trauma.

Similar tensions were witnessed at a Sweden festival, where protesters disrupted the event. The perspectives of festival organizers and protesters differ significantly. The Coalition of Eritrean Canadian Communities and Organizations (CECCO), which supported the festival, claimed that peaceful attendees were targeted, requesting police support prior to the

event.

The CECCO criticized the permit revocation, branding protesters as violent extremists and suggesting that the City's decision endorsed their disruptive agenda. Lambros Kiriakakos, CECCO's chair, defended the festival's patriotic nature, asserting its alignment with Eritrean society institutions, NGOs, and various representatives.

Opponents of the festival argue that it bolsters a repressive regime by financing its operations, including forced conscription. Dawit Demoz, aligned with the protesters and an Eritrean refugee, highlighted the trauma induced by the event's association

with the government that caused their escape. He pointed out the lack of economic opportunities and the regime's reliance on the diaspora for support.

Democratization of Eritrea is hindered by the festival's link to the regime, which represents a stark generational divide. Those who experienced Eritrea under Ethiopian rule link the current government to independence, while younger refugees directly experienced the regime's brutality.

In response to violent incidents, the City of Toronto prioritized public safety and revoked the festival permit, originally intended for the long weekend.

YOUR ANSWER – PAGE 9

SOLUTION

Canada

I D Z E O U M E K B G N J W R D T W Y U S Q Y J
 O A I Z A A C A N A D A O E G S B U M J I B N N
 K Z X W Q Y D T U R L D K Q C G K K V R G A K B
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 N A B O T I N A M F C E X P N P T E F X B Q O G
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 Y R M T Q C H E W E C K P V Y H L I U K X M D O
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 S A S B B E U X Y R O T I R R E T D N X A L K Y
 Z O S E C N I V O R P K E Q J D S Y C F Y Q B F
 Y V T K A I B M U L O C H S I T I R B P Z T I Q
 A I Z E A V T N V N S T P W A F V F P X N C R N
 X B S R J T S N E W B R U N S W I C K F J M Q T
 C Y R I P R E J Z Y M L M W N O V A S C O T I A
 C L O V A O O H U F X H Y H I Y D T B M F D L R
 K F R V V H R B E M C F L L N M V D N R Z C E I
 O T T A W A Z O D W E G I D A A L M U V A X G O
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 D S X J U W Y G W T V A L B E R T A A O K K I Q
 Q F W V G M G M Z Y C X I B F D H W O N W U B C
 J C F E D Q Q A L K B X X Z H C I Q B S A X H Z
 S E I R O T I R R E T T S E W H T R O N V C I Z
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- | | | |
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| New Brunswick | Newfoundland | Northwest Territories |
| Nova Scotia | Ontario | Ottawa |
| Prince Edward Island | Province | Quebec |
| Saskatchewan | Territory | Yukon |

**ENCOMIUMS AS REMARKABLE FATHER'S
AWARD HOLDS IN STYLE – PAGE 16**

reverberates through the lives you touch, and tonight, we shine a spotlight on your immeasurable contributions”.

While congratulating the nominees and finalists of the Remarkable Fathers' Award, Ugoh said “Your actions remind us that a father's love knows no bounds, and your devotion inspires us all to be better versions of ourselves. Thank you for being the embodiment of strength, love, and guidance”.

She added that “And to everyone that is here tonight, you all are history makers because this is our first edition of this initiative. It will be in history books that you helped us materialize this dream. Thank you for your unending

support. God bless you all”.

The awardees who received awards ranging from Community Service Award, Trailblazer Award, Community Builder Award, Social Change Award, Business Excellence Award, Financial Influencer but to mention a few, include Olumide Olatoye, Adewale Rabi, Akeem Ogunmilade, Dr. Olaniyi Ajisafe, Emmanuel Emordi, Retired Ojo Adeniran Tewogbade.

Others are Gabriel Petrut, Osita Nwajiufor, Wincy Uche Utomi, Dr. Anthony Emeka Okolo, Rev. Kingsley O. Osayande, Andrew Enofe, Ryan Singh, Capt. Ryan Agard, Elder Isaac Sanya Olowolafe, Nene Kabu Asante, Jojo Chintoh, Chief Ejikeme A. Chuks, Winston

LaRose, Chief Uche Ezemenari.

More so, John Joseph Edem, Testimony Eriamiatoe, Rev. Chinidu Nwakaibeya Nmezi, Coach John Emore, Clifton Donegal, Sheridan Cyrus, Michael Forrest, Amos Sarwan, Nsa Archibong also received the coveted awards.

In their remarks, the awardees were full of appreciation for Ngozi Ugoh, describing her as an exceptional woman whose heroic deeds will stand the test of time. According to the awardees who lauded the event, the Remarkable Father's Award is a well thought initiative especially since fathers are often underappreciated or celebrated in the society.

Some of the quests who graced the event did not hold back in giving Ugoh her flowers for the remarkable works she is doing in the community.

During the event, dignitaries and all present were treated to sumptuous meals and diverse kinds of entertainment that got the hall reverberate positively.

WORD QUIZ

Answer: There were seven nations competing in the first ever Eurovision Song Contest

Answer: XL is 40 years

Answer: There are 60 months in 5 years

Answer: A Golden Wedding anniversary celebrates 50 years of marriage

Answer: There were 20 lifeboats on board, enough for only half the passengers

Answer: There are 86,400 seconds in a day

Answer: Charles Dickens wrote “A Tale of Two Cities”

Answer: There are 11 players in a Cricket team

QUANTITATIVE REASONING

1- ANSWER = D) 15; 2- ANSWER = E) 2; 3- ANSWER = A) 5; 4- ANSWER = C) 32; 5- ANSWER = E) 21.6; 6- ANSWER = A) 22;

CROSSWORD

Answers: (!) D= 15 (2) C = 7 (3) A =3

Solution: in each diagram, the sum of the number in the upper left box and number in the upper center box equals the number in the middle box while the sum of the number in the upper center box and that of the upper right box equals the number in the last box.

WHAT NUMBER REPLACES THE QUESTION MARK?

Answer is 4

EXPLANATION:

Answers: (1) B= 5 (2) D = 9

**FCCPC REMOVES LIST OF APPROVED LOAN
APPS AFTER INVESTIGATION – PAGE 7**

the Commission's continuing investigation and tracking of these illegally operating DMLs, the Commission has discovered duplicity by at least two otherwise legally registered DMLs on the Commission's

approval list. The nature of the duplicity is that the DMLs having been approved and placed on the approved list and Playstore, as well as cleared for services by other financial services/institutions, as

an alternate channel, and method of engaging in prohibited conduct, also engaged in the use of APK to attract borrowers to a process and practice that is illegal and unregulated.”



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THANKSGIVING 2023

- 24th Sept., 2023
- 10:00am prompt
- Church Auditorium

THEME
BEHOLD I AM THY SALVATION (Ps. 35:3)

HARVEST EVENTS

FRIDAY	REVIVAL - 8PM
SATURDAY	BIBLE QUIZ / BBQ
SUNDAY	HARVEST THANKSGIVING SERVICE

Father of the Day
 VEN. SUP. EVANG. SEGUN JEWESINMI
 C.C.C. London (U.K)

Event of the day



Guest Artist
EVANG Dare Melody

Church premises - All are cordially invited

Special Guests of Honour

VEN. SUP. EVANG. AFIS KIKI
 C.C.C. Makoko, Nigeria

MOST SUP. EVANG. M.O. AJAO

Dr. Victor Obasuyi

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(Formerly Dr. J. George Sewell & Associates)



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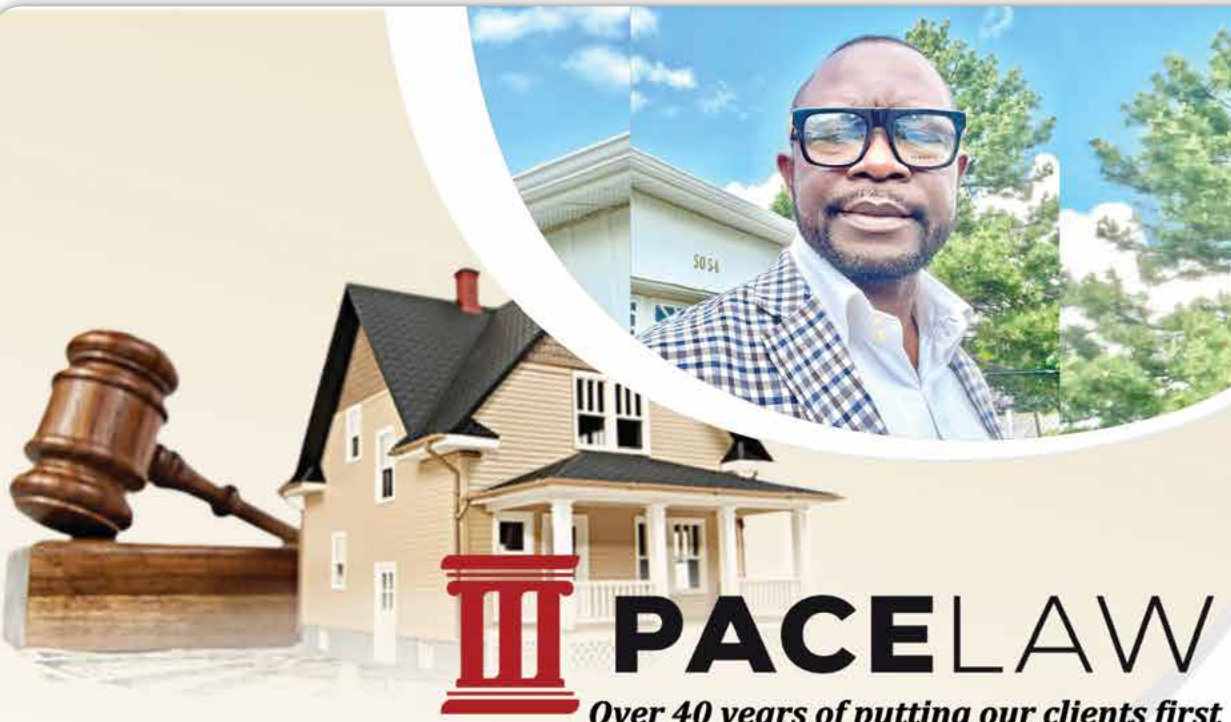
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ANDREW OTENG

Director of Client Care

Andrew has formally owned rehab and physiotherapy centers in the GTA and brings over 25 years of experience in the field. He has knowledge in business and marketing and enjoys serving and helping out those within the African and Jamaican communities, where he is well-known and respected.

Our Areas of Practice

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Real Estate
Family Law
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Wills and Estates
Employment Law
Criminal Defence Law
Corporate Commercial
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